
Ultimate Journey Robert A Monroe

Stalking the Wild Pendulum
How to Experience Out-Of-Body Travel
The Journey of Robert Monroe
A New World
Creating Miracles, Abundance, and Health
Out-of-Body Experiences
Adventures Beyond the Body
A Guide to Out-of-body Experiences and the Wonders Beyond
Ultimate Journey
The Sculptor in the Sky
Alchemy of Personal Transformation
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The Classic Work on Out-of-Body Experience
Explorations in Consciousness
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From Out-of-Body Explorer to Consciousness Pioneer
The Journey of Robert Monroe
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The Good Fortune Handbook
How to Kiss the Universe
The Emerald Tablet
The Epic Story of America's Great Migration
The Warmth of Other Suns
The Study and Practice of Astral Projection
Journeys Out of the Body
A Beginner's Guide
Leveraging Science to Induce OBEs
Higher Self Now!

Far Journeys
On the Mechanics of Consciousness

Ultimate Journey Robert A Monroe

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CIERRA HALLIE

Stalking the Wild Pendulum Harmony

Describes five principles, taken from recent scientific discoveries, that can be used to realize one's dreams.

How to Experience Out-Of-Body Travel Simon and Schuster

HOW TO KISS THE UNIVERSE describes the shocking spiritual trips of a journalist from his physical body all the way to the Source of everything. These trips were powered by intention, Love and gratitude. This original and unique narrative is based on deep breakthrough meditations using modern technology. The book challenges traditional paradigms of the essence of human consciousness as portrayed either by science or religion. It recounts using not only biological physical bodies as vehicles, but also a variety of non-physical vehicles in other dimensions. The story covers all possible aspects of human consciousness which can travel without limits beyond local space and time. It details instant spiritual travels by the speed of thought throughout, and even out of the known universe. This non-fiction book, written in an exciting and entertaining fiction style describes sophisticated ways of relating to higher beings, like spirit guides and star friends who reside in non-physical realms. This is done by using non-verbal communication beyond the human senses. The narrative can help you find answers for your long-asked questions about the purpose of your life on this planet and about your spiritual past, present and future. This true story will help you get rid of unnecessary conditioning and fears about your death and afterlife. You can learn from the narrative how you can conquer your ego and unleash your unimaginable internal powers. That can help you gain new unexpected internal freedoms and become a happier and more compassionate human being.

The Journey of Robert Monroe Llewellyn Worldwide

Robert Monroe was a successful and distinguished business executive and noted pioneer in the investigation of human consciousness. He also invented Hemi-Sync(r) and founded The Monroe Institute(r), a worldwide organization dedicated to expanding human potential. I AM MORE THAN MY PHYSICAL BODY: 100 ROTEs from Robert A. Monroe is a celebration of his life and work, and offers a very current message for humankind in the twenty-first century. It is a collection of 100 thought-provoking, inspirational quotes from his three best selling, landmark books-JOURNEYS OUT OF THE BODY, FAR JOURNEYS and ULTIMATE JOURNEY-which are available wherever books are sold. Andrea Berger is a long-time consciousness explorer and a trainer at The Monroe Institute. She lovingly helped birth this book in celebration of Bob Monroe's 100th birthday and twentieth anniversary since his transition.

A New World Vintage

Higher Self Now! is a powerful affirmation for immediate spiritual liberation; a modern guide book for personal transformation. Learn about the unseen nature of our existence, the continuing evolution of

soul after death and how to navigate thought responsive realities. Develop your own Spiritual Directive as you discover the practices of an end-of-life coach. Through a variety of personal accounts and practical guidance, you can be prepared to assist your loved ones as they begin to transition from the physical world. Experience a variety of techniques that will clear the way for you to achieve escape velocity from the dimensions of density and form. We are powerful, creative beings with the ability to shape and mold our current reality and influence our afterlife as well. Become knowledgeable about continuing spiritual evolution beyond matter to prepare for and enhance your spiritual journey. Your amazing adventure has just begun - become self-empowered today! William Buhlman, author of Adventures beyond the Body, teaches and conducts workshops at The Monroe Institute focusing on the exploration of consciousness, the afterlife, and profound spiritual awakening. Visit the author at www.astralinfo.org. Susan Buhlman is a certified end-of-life Doula, hospice volunteer, and bereavement support companion. Together they have written this compelling book that will not only encourage an environment of comfort and respect during the end-of-life experience, but direct the departing soul to reach their highest level of spiritual evolution as well. Visit the authors at www.astralinfo.org.

Creating Miracles, Abundance, and Health Hampton Roads Publishing

In Explorations in Consciousness, Frederick Aardema, a clinical researcher, provides a profound, in-depth account of the out-of-body experience, during which the explorer of consciousness is able to transcend the boundaries of time and space. In his quest for knowledge, the author seamlessly weaves in his own travels into different fields of consciousness. These include experiences in the personal field, where he is confronted with the constructs of his own psyche, as well as visitations to collective fields of consciousness that appear to have an independent existence beyond the eye of the beholder. Highly original and groundbreaking, Explorations in Consciousness presents a model of reality in which nothing can ever be taken for granted. It proposes that consciousness is embedded within a wider field of possibilities that become real depending on our interaction with the world around us. Regardless of what you believe about the out-of-body state, this book will challenge and excite you to become an explorer of consciousness. It provides you with all the tools you need for your own journey.

Out-of-Body Experiences Harmony

Transform your living space into a comforting home with a little magic. From step-by-step instructions for divine decluttering to "pagan feng shui" for every room, Cerridwen Greenleaf's guide to a happy home is essential reading for anyone who wants to live the good life. Replete with easy ideas for a charmed life, this gorgeously illustrated book teaches you how to increase your happiness quotient at home. Learn how you can make an effortless herbal prosperity potpourri and which crystals will create harmonious vibrations and improve relationships. Delight in healthier options for the whole household with DIY herbal cleansers that reduce toxins in your personal space and ensure your home is always filled with good energy. Create your own magical pantry and ensure your sleeping space is a true sanctuary with spells and scents. As instructive as it is inspiring, The

Magical Home is a go-to guide for anyone who wants to live an enchanted life.

Adventures Beyond the Body CICO Books

The Emerald Tablet—an ancient document that contains the essence of the alchemical teachings—has had an important influence on many Western spiritual and religious traditions. Ostensibly concerned with turning base metals into gold, alchemy was in fact dedicated to transforming the lead of self into the gold of spirit. This brilliant history of alchemy traces its sources back to ancient Egypt, and presents alchemy as a useful, practical system of self-transformation. Each of the seven steps of alchemical transformation is explained, with hands-on techniques and exercises, treating alchemy as a living discipline for achieving a spiritual awakening.

A Guide to Out-of-body Experiences and the Wonders Beyond Hampton Roads Publishing Company Incorporated

In his exciting and original view of the universe, Itzhak Bentov has provided a new perspective on human consciousness and its limitless possibilities. Widely known and loved for his delightful humor and imagination, Bentov explains the familiar world of phenomena with perceptions that are as lucid as they are thrilling. He gives us a provocative picture of ourselves in an expanded, conscious, holistic universe.

Ultimate Journey Hampton Roads Publishing

The sequel to Monroe's Journey Out Of The Body is an amazing parapsychological odyssey that reflects a decade of research into the psychic realm beyond the known dimensions of physical reality.

The Sculptor in the Sky Harper Collins

In 1958, a successful businessman named Robert Monroe began to have experiences that drastically altered his life. Unpredictably, and without his willing it, Monroe found himself leaving his physical body to travel via a "second body" to locales far removed from the physical and spiritual realities of his life. He was inhabiting a place unbounded by life or death. Monroe recorded these experiences in two bestselling, landmark books, *Journeys Out of the Body* and *Far Journeys*. *Ultimate Journey*, his final and career-defining work, takes us further than we thought possible—and reveals to us what it all means. *Ultimate Journey* charts that area which lies "over the edge," beyond the limits of the physical world. It presents us with a map of the "interstate"—the route that opens to us when we leave our physical lives, with their entry and exit ramps, their signposts and their hazards. It also tells us how Monroe found the route and travelled it, and uncovered the reason and the purpose of this pioneering expedition. It is a journey that reveals basic truths about the meaning and purpose of life—and of what lies beyond.

Alchemy of Personal Transformation Harmony

The author of *Far Journeys* explores the world that transcends the boundaries of the physical world and explains how a journey to these transcendent realities reveals basic truths about the meaning and purpose of life and what lies beyond.

Inspired ideas and simple spells for an enchanted life WaterBrook Press

Are you intrigued by the concepts of Out of the Body Experiences or Near Death Experience? If so this book is for you. Traditional techniques are explained in a way that is simple, safe and practical so that you can try them for yourself.

Turn Any Possibility Into Reality Lightning Strike Books

In 1971 Doubleday published a book called *Journeys Out of the Body*, a Virginia businessman's memoir of his weird and wonderful adventures on other planes of reality. That book, which has sold more than a million copies, and that man, Robert Monroe, helped cement the concept of astral travel into the American psyche and made the "out-of-body experience" a household word. Monroe not only helped others understand this state of being, but through his research on binaural beats and his development of the technology known as Hemi-Sync, he made the OBE accessible through programs at The Monroe Institute, which is attended by thousands of people each year. However, Monroe made consciousness research more than an esoteric thrill ride. He put his technology to practical use by creating frequencies that have helped people with everything from meditation and learning, to insomnia, quitting smoking, and pain control.

Journeys Out of the Body Hampton Roads Publishing Company Incorporated

Joseph McMoneagle is an extraordinary remote viewer, a "psychic spy," whose experiences have given him a special insight into the nature of time and human perception. For more than seventeen years, he was a researcher and remote viewer for the top-secret Army project STARGATE. For years after that, he journeyed through time while working in a consciousness-development lab with out-of-body experience pioneer Robert A. Monroe. McMoneagle explores the questions that philosophers have for centuries debated: Does time really exist? Do our actions today really affect our future? Can we change the past? Do we slip between alternate realities? In *The Ultimate Time Machine*, McMoneagle delivers new insights into these mysteries, including: First-hand information—including transcripts from lab sessions—on the origins of humanity, the crucifixion of Jesus Christ, and the building of the Egyptian pyramids. Provocative suggestions about the nature of time, creation, and a constantly changing past. A detailed picture of our immediate future through the year 2075. More than 150 very explicit predictions on world population, aging, religious fragmentation, lifestyle changes, technological developments, and dozens of major changes to laws, customs and practices—all within a positive and constructive framework. A vision of the year 3000, comprising a test of what the author calls the "Verne Effect"—our ability to create and manipulate our future.

The Ultimate Journey The Ultimate Journey

The definitive work on the extraordinary phenomenon of out-of-body experiences, by the founder of the internationally known Monroe Institute. Robert Monroe, a Virginia businessman, began to have experiences that drastically altered his life. Unpredictably, and without his willing it, Monroe found himself leaving his physical body to travel via a "second body" to locales far removed from the physical and spiritual realities of his life. He was inhabiting a place unbound by time or death. Praise for *Journeys Out of the Body* "Monroe's account of his travels, *Journeys Out of the Body*, jam-packed with parasitic goblins and dead humans, astral sex, scary trips into mind-boggling other dimensions, and practical tips on how to get out of your body, all told with wry humor, quickly became a cult sensation with its publication in 1971, and has been through many printings. Whatever their 'real' explanation, Monroe's trips made for splendid reading." —Michael Hutchinson, author of *Megabrain* "Robert Monroe's experiences are probably the most intriguing of any person's of our time, with the possible exception of Carlos Castaneda's." —Joseph Chilton Pierce, author of *Magical Child* "This book is by a person who's clearly a sensible man and who's trying to tell it like it is. No ego trips. Just

a solid citizen who's been 'out' a thousand times now and wants to pass his experiences to others."

—The Last Whole Earth Catalog

How to Have Them and What to Expect Harmony

The Ultimate JourneyHarmony

[The Classic Work on Out-of-Body Experience](#) Harmony

An introduction to out-of-body travel which describes the author's various astral journeys, and offers step-by-step instructions for embarking on voyages through new dimensions and worlds beyond everyday life.

Explorations in Consciousness Rainbow Ridge Pub

Throughout history, people have reported spiritual experiences that we now identify as out-of-body experiences or OBEs. In recent times, modern researchers like Robert Monroe have pioneered the scientific study and practice of OBEs. Increasingly, people are remembering spontaneous OBEs, especially from early childhood. Also, OBEs are a typical feature of near-death experiences and have

been described as beautiful, painless, and ecstatic. This is the comprehensive manual for inducing out of body experiences and managing the experience. Peterson not only explores the stages of his own development, but also concludes each chapter with a specific exercise that takes you to the next level. From wiggling out of your body for the first time (the author did a back flip his first time) to traveling through other realms and dealing with your "encounters," this is one of the most practical, step-by-step guides to OBEs available. He clearly demonstrates how this consciousness-expanding experience is accessible to anyone willing to make the leap into the great beyond. This is the ultimate manual on how to leave home alone....

A New Approach to Out-Of-Body Experiences Rainbow Ridge

"Specific instructions on how to dream lucidly and consciously leave one's body. Describes various methods of achieving the out-of-body state and what to do once there"--Provided by publisher.

Astral Dynamics Harmony

The author recounts his out-of-body experiences, describes how they have changed his outlook on life, and discusses contacts with disembodied intelligences

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