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 This book is proof that busy schedules and healthy, delicious meals can happily coexist. WW's 100 Slow Cooker & Instant Pot® Recipes is packed with the kind of dishes that encourage your taste buds to sit up and take notice. From Thai coconut curry chicken to creamy tomato soup with crab, just-like-banana-bread overnight oats to crispy buttermilk onion rings, these recipes help you make the most of not only your slow cooker but your Instant Pot and air fryer too.
 WW Slow Cooker Cookbook | WW Shop | Weight Watchers Online ...We've also included plenty of tips and expert advice to help you get the most out of your slow cooker. These recipes are exclusive to this cookbook and are not available in the WW app. To track them in your WW app, use the 'Quick Add' feature. Type

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Flavour enhancers for slow cooking. 1. Root vegetables. Hearty winter vegetables hold their shape and add lots of flavour to the dish. Add delicate vegetables towards the end of cooking. 2.

Whole spices. 3. Fresh herbs.

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The easiest Zero Point Weight Watchers White Chicken Chili made with chicken breast, beans, corn, and green salsa is hearty, filling, and super delicious. Make it stovetop, in the slow cooker, or in the Instant Pot. This healthy recipe from Slender Kitchen is MyWW SmartPoints compliant and is gluten free. #kidfriendly #makeahead #quickandeasy

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Some slow cooker recipes can literally be thrown together! Plus, since they're perfect for warming soups, stews and casseroles, they're also godsend in the colder months. Scroll down for our favourite slow cooker recipes that will keep you warm through autumn and winter. NOW READ: 6 warming winter recipes *Weight Watchers Freestyle and Flex Slow Cooker Cookbook ...* Buy Weight Watchers Freestyle Slow Cooker Cookbook 2020:

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100 Weight Watchers Crock Pot Recipes with SmartPoints

We've also included plenty of tips and expert advice to help you get the most out of your slow cooker. These recipes are exclusive to this cookbook and are not available in the WW app. To track them in your WW app, use the 'Quick Add' feature. Type in the recipe name and the SmartPoints from the cookbook. Product number: 429230.

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This book is proof that busy schedules and healthy, delicious

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