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# Fastpitch Softball Organization

## Georgia Impact Website

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Nine Days in the Wood Bat Leagues

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A Compilation of Theses and Dissertations in Physical Education, Health, and Recreation : NAGWS Research Committee Project, Part of the Research Model for Investigating the Woman Athlete

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## MERCER LEON

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### Nine Days in the Wood Bat Leagues Triumph Books

The college baseball season doesn't end when the school year is finished. Many of the top NCAA Division I, II, and III baseball players continue to play in one of the game's most unique environments, the summer wood bat leagues. They swap aluminum bats for wood and play from June through August in more than forty states. The poetry of America's pastime persists as soon-to-be stars such as Gordon Beckham, Buster Posey, and Aaron Judge crash in spare bedrooms and play for free on city and college ball fields. Summer Baseball Nation chronicles a season in America's summer collegiate baseball leagues. From the Cape to Alaska and a lot of places in between, Will Geoghegan tells the stories of a summer: eighteen of the best college players in the country playing Wiffle ball on Cape Cod, the Midnight Sun Game in Alaska, a California legend picking up another win, home runs flying into Lake Michigan, and the namesake of an old Minor League club packing the same charming ballpark. At every stop, players chase dreams while players and fans alike savor the moment.

### **The Double-Goal Coach** Penguin

Are you a good player, who struggles with consistency? How can you improve your game? Are you teaching hitters to have nice swings, or how to actually hit? How can you get practice swings to

become game swings? Improving one's mental game begins with realizing that you need one. Most athlete's and coaches will admit that our game is approximately 80% mental. In Complete Game, author Rob Crews addresses these issues in an easy to understand approach. There is an invisible wall blocking many athlete's progress. We are spending so much time trying to get over it or under it. On the other hand, the people on the other side of the wall have changed their perception of the wall and walked right through it. The Law of your Mind can take the other Laws, which have specific limitations, far beyond their boundaries. And because we cannot see the Mind, we try to change the things we can actually see such as the swing. Ever thought of changing your mind? There is an interconnectivity of Mind and Body that cannot be ignored. Mind Training must come first or be taught along with Body Control or mechanics. If we continue to teach them separately our players will not develop and mature properly as they move on to higher levels of competition. In order to realize success and consistency, we have to fuse Mind and Body principles together in our respective teaching models. Rob Crews *Intercollegiate Sports* Harper Collins Includes the sport's official playing rules, pitching regulations, referee signals, and field diagrams for fast and slow pitch

### **Throw Like a Girl** Routledge

Torn apart by lies and a hail of bullets... Georgia Randall is a government-trained killer with nothing left to live for except the burning need for revenge. She's lost everything she cared about, including

the only man she ever loved, and now her past has caught up with her. Shadowy enemies are on the move, determined to silence her before she can kill her remaining targets. But when the man she's been mourning suddenly turns up to confront her, Georgia must face the consequences of the lies she told to conceal her double life. And even if she wins him back and survives what's coming, she knows a happy ending isn't possible for someone like her. Only revealing their darkest secrets can bring them back together. Against all odds, notorious assassin Miguel Bautista clawed his way back from the brink of death. Now he wants answers. For months he's been tormented by the devastating truth about the one bright spot in his dark and violent past: the woman he fell in love with was nothing but a lie. When he learns she's in danger and is offered the chance to save her, he signs a deal with the devil to protect her. They already lost each other once. If any of what they shared was real, this time he's not letting her go. But if they're going to have a prayer at a future together they must first evade the enemies closing in on them—and fight to stay alive.

*Sliding into Home* U of Nebraska Press  
Triumphant wins, gut-wrenching losses, last-second shots, underdogs, competition, and loyalty—it's fun to be a fan. But when a football player takes a hit to the head after yet another study has warned of the dangers of CTE, or when a team whose mascot was born in an era of racism and bigotry takes the field, or when a relief pitcher accused of domestic violence saves the game, how is one to cheer? Welcome to the club for sports fans who care too much. In *Loving Sports When They Don't Love You Back*, acclaimed sports writers Jessica Luther

and Kavitha A. Davidson tackle the most pressing issues in sports, why they matter, and how we can do better. For the authors, "sticking to sports" is not an option—not when our taxes are paying for the stadiums, and college athletes aren't getting paid at all. But simply quitting a favorite team won't change corrupt and deplorable practices, and the root causes of many of these problems are endemic in our wider society. An essential read for modern fans, *Loving Sports When They Don't Love You Back* challenges the status quo and explores how we might begin to reconcile our conscience with our fandom.

#### **Ebony** Ncsa

Physical inactivity is a key determinant of health across the lifespan. A lack of activity increases the risk of heart disease, colon and breast cancer, diabetes mellitus, hypertension, osteoporosis, anxiety and depression and others diseases. Emerging literature has suggested that in terms of mortality, the global population health burden of physical inactivity approaches that of cigarette smoking. The prevalence and substantial disease risk associated with physical inactivity has been described as a pandemic. The prevalence, health impact, and evidence of changeability all have resulted in calls for action to increase physical activity across the lifespan. In response to the need to find ways to make physical activity a health priority for youth, the Institute of Medicine's Committee on Physical Activity and Physical Education in the School Environment was formed. Its purpose was to review the current status of physical activity and physical education in the school environment, including before, during, and after school, and examine the influences of

physical activity and physical education on the short and long term physical, cognitive and brain, and psychosocial health and development of children and adolescents. Educating the Student Body makes recommendations about approaches for strengthening and improving programs and policies for physical activity and physical education in the school environment. This report lays out a set of guiding principles to guide its work on these tasks. These included: recognizing the benefits of instilling life-long physical activity habits in children; the value of using systems thinking in improving physical activity and physical education in the school environment; the recognition of current disparities in opportunities and the need to achieve equity in physical activity and physical education; the importance of considering all types of school environments; the need to take into consideration the diversity of students as recommendations are developed. This report will be of interest to local and national policymakers, school officials, teachers, and the education community, researchers, professional organizations, and parents interested in physical activity, physical education, and health for school-aged children and adolescents.

*An Insider's Guide to Softball* Simon and Schuster

In this companion novel to *Midsummer's Mayhem*, math and baseball combine with savory snacks to cause confusion and calamity in the town of Comity. Twelve-year-old Trish can solve tough math problems and throw a mean fastball. But because of her mom's new job, she's now facing a summer trying to make friends all over again in a new town. That isn't an easy thing to do, and her mom is too busy to notice how

miserable she is. But at her first baseball practice, Trish realizes one of her teammates is Ben, the sixth-grade math prodigy she beat in the spring Math Puzzler Championships. Everyone around them seems to think that with their math talent and love of baseball, it's only logical that Trish and Ben become friends, but Ben makes it clear he still hasn't gotten over that loss and can't stand her. To make matters worse, their team can't win a single game. But then they meet Rob, an older kid who smacks home runs without breaking a sweat. Rob tells them about his family's store, which sells unusual snacks that will make them better ballplayers. Trish is dubious, but she's willing to try almost anything to help the team. When a mysterious booklet of math puzzles claiming to reveal the "ultimate answer" arrives in her mailbox, Trish and Ben start to get closer and solve the puzzles together. Ben starts getting hits, and their team becomes unstoppable. Trish is happy to keep riding the wave of good luck . . . until they get to a puzzle they can't solve, with tragic consequences. Can they find the answer to this ultimate puzzle, or will they strike out when it counts the most?

#### **Equal Protection Law and Litigation**

University of Texas Press

Although often confused with its sister sport, baseball, softball has crept its way into the mainstream and earned a substantial following of its own both in the United States and abroad. From Little League to company teams to professional games, softball inspires both friendly and serious competition. Examining the history and rules of softball and offering tips on strategy and technique, this volume invites players of all skill levels to take a closer look at the game that has enthralled individuals of

all ages and backgrounds.

[A Compilation of Theses and Dissertations in Physical Education, Health, and Recreation : NAGWS Research Committee Project, Part of the Research Model for Investigating the Woman Athlete](#) Crown Books for Young Readers

This candid story, which will inspire others who are looking to break free from addiction, reveals how the author almost let his own self-destructive behaviors ruin his life until he learned, through Alcoholic Anonymous and the support of others, to move past the pain and become a productive, loving adult.

**Positive Coaching Tools for Honoring the Game and Developing Winners in Sports and Life** Human Kinetics

From #1 New York Times bestselling author Nic Stone comes a challenging and heartwarming coming-of-age story about a softball player looking to prove herself on and off the field. Shenice Lockwood, captain of the Fulton Firebirds, is hyper-focused when she steps up to the plate. Nothing can stop her from leading her team to the U12 fast-pitch softball regional championship. But life has thrown some curveballs her way. Strike one: As the sole team of all-brown faces, Shenice and the Firebirds have to work twice as hard to prove that Black girls belong at bat. Strike two: Shenice's focus gets shaken when her great-uncle Jack reveals that a career-ending—and family-name-ruining—crime may have been a setup. Strike three: Broken focus means mistakes on the field. And Shenice's teammates are beginning to wonder if she's captain-qualified. It's up to Shenice to discover the truth about her family's past—and fast—before secrets take the Firebirds out of the game forever.

*Taking Physical Activity and Physical Education to School* Open Road Media Focusing on ten different types of organizations—ranging from nonprofit community organizations and armed forces recreation to sports management and travel and tourism sponsors—Kraus' *Recreation and Leisure in Modern Society*, Ninth Edition is an invaluable resource for students considering a career in the recreation and leisure industry. This classic text provides a detailed overview of the history, developments, and current trends in leisure studies. It addresses contemporary issues facing the recreation and leisure profession and focuses on challenges and opportunities that will impact the profession over the next 5 to 20 years. Extensive research into emerging trends helps support the text and provide insights into the future. Instructor Resources: An Instructor's Manual, PowerPoint Presentations, and TestBank are available as free downloads. Student Resources: Companion Website - Practice Quizzes and Web Links.

*Adventures in Archaeology* MDPI Atlanta magazine's editorial mission is to engage our community through provocative writing, authoritative reporting, and superlative design that illuminate the people, the issues, the trends, and the events that define our city. The magazine informs, challenges, and entertains our readers each month while helping them make intelligent choices, not only about what they do and where they go, but what they think about matters of importance to the community and the region. Atlanta magazine's editorial mission is to engage our community through provocative writing, authoritative reporting, and superlative design that

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**Tales of Ancient Worlds** Simon and Schuster

An adolescent girl learns that realizing a dream requires a good deal more than stubborn, steely resolve as she risks everything to follow her heart. It's not fair! Thirteen-year-old Joelle Cunningham is passionate about baseball. She loves to watch it, read about it, and, most of all, play it. But when her family moves from Minneapolis to the small town of Greendale, Iowa, she quickly discovers that there are strict rules preventing her from playing on the school baseball team. At Hoover Middle School, only boys play baseball. Girls play softball. It's not the same sport! Joelle tries to tell everyone. But no one is listening. Not Coach Carlyle—even though his baseball team is at the bottom of the league, he doesn't want her on his team. Not Ms. Fenner, the softball coach—she wants Joelle to use her big-league swing to benefit the girls' team. Not her new friend, Elizabeth, who is growing tired of her complaints. Not even Jason, her older brother, who is too busy at college to be of much help. But Joelle is determined to play baseball. And through some creative problem-solving and surprising alliances, she finds a solution to her dilemma that brings the disputing sides together . . . and baseball to the girls of Greendale. Author Dori Butler has created a high-spirited, indomitable character that young girls will admire and root for in this story of

frustrated ambition and ultimate triumph.

Girls' Softball ABDO

Despite being one of the most popular sports worldwide, basketball has received limited research attention compared to other team sports. Establishing a strong evidence base with high-quality and impactful research is essential in enhancing decision-making processes to optimize player performance for basketball professionals. Consequently, the book entitled *Improving Performance and Practice in Basketball* provides a collection of novel research studies to increase the available evidence on various topics with strong translation to practice in basketball. The book includes work by 40 researchers from 16 institutions or professional organizations from 9 countries. In keeping with notable topics in basketball research, the book contains 2 reviews focused on monitoring strategies to detect player fatigue and considerations for travel in National Basketball Association players. In addition, 8 applied studies are also included in the book, focused on workload monitoring, game-related statistics, and the measurement of physical and skill attributes in basketball players. This book also has a strong focus on increasing the evidence available for female basketball players, who have traditionally been under-represented in the literature. The outcomes generated from this book should provide new insights to inform practice in many areas for professionals working in various roles with basketball teams.

IEG Directory of Sponsorship Marketing  
Neon Squid US

"'Athletes Wanted' unlocks the secrets to successfully navigating the recruiting

process through a proven strategy that author Chris Krause has used to help more than 20,000 collegiately. Students-athletes who have completed his system receive an average of more than \$15,000 in scholarship and aid per year"-  
-Page 2 of cover.

*The Emotional Dynamics of In-game Focus* Kaylea Cross Inc.

Official Rules of Softball 1998USA  
SoftballTriumph Books

Cumulative List of Organizations Described in Section 170 (c) of the Internal Revenue Code of 1986 Univ of North Carolina Press

Some vols. include supplemental journals of "such proceedings of the sessions, as, during the time they were depending, were ordered to be kept secret, and respecting which the injunction of secrecy was afterwards taken off by the order of the House".

*Official Rules of Softball 1998* Simon and Schuster

Plain and simple, championship teams score runs. Their offenses are consistent, aggressive, opportunistic, and disciplined. They may manufacture runs or rely on the long ball, but they score early and often. And they win. High-Scoring Softball is the definitive guide for offensive play. The game's most successful coaching duo, Ralph and Karen Weekly, share the approach that has shaped some of the game's top scoring offenses and generated more than 1,700 career victories. Inside you'll find detailed instruction, advice, and coaching tips on mastering offensive fundamentals, such as baserunning, bunting, slap hitting, and hitting for power and average. You'll learn how to evaluate your team's talents, tendencies, and strengths and create a

potent, offensive attack. And a detailed analysis of common game situations provides you with strategies and advice for capitalizing on every opportunity. Defense may win games, but only if you score. With High-Scoring Softball you will score and you will win. It will change the way you play the game.

*Proceedings and Debates of the ...*

*Congress* The Rosen Publishing Group, Inc

As a member of a tight-knit, extended family full of tough, sometimes-violent men, Flynn McCassey is no saint. But he is smart. The one his cousins call quiet and mysterious, his keen observation skills allow him to see things that other's don't. Twenty-year-old Missy Grace has lost everyone she's ever loved. When her best friend, Georgia McCassey, unexpectedly re-enters her life, Missy is presented with an opportunity to start a new life in Hagerstown, Maryland. Flynn and Missy's budding relationship comes to a screeching halt with one suspicious phone call. When she announces her need to return to Virginia and her ailing mother, her explanation does nothing to mask her fear. To make sure she stays safe, Flynn offers to drive Missy home. Thrilled by his offer, she accepts his generosity without considering the danger. Halfway home, the truth comes out...giving Flynn just hours to figure out how to keep Missy alive.

National Academies Press

The Congressional Record contains the proceedings and debates of each Congressional session in the House of Representatives and the Senate. Arranged in calendar order, each volume includes the exact text of everything that was said and includes members' remarks.

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