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# 1 Ayahuasca Retreat In Peru Blue Morpho Tours

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The Internationalization of Ayahuasca

Being an Account of the Author's Extraordinary Adventures in the Devil's Paradise

Spirit Brew

A Man's Search For Love Peace and Purpose Through Ayahuasca

The Shooting Star

Finding Strength, Courage, and Wisdom in Any Moment

The Fellowship of the River

Preserving Indigenous Science and Biodiversity in the Upper Amazon

A Guide to Mestizo Shamanism in the Upper Amazon

Shamans and Healers

The Life Story of Auyahuasquero and Shaman Don Augustin Rivas Vasquez

Amazon Magic

Discovering Psychology: The Science of Mind

Expectations, Experiences, Meanings and Subjective Effects

Breaking Open the Head

The Shaman & Ayahuasca

Grandmother Ayahuasca

A Psychedelic Journey into the Heart of Contemporary Shamanism

The Therapeutic Use of Ayahuasca

A Laugh-Out-Loud Cozy Mystery Series

Plant Teachers

Adventure and Discovery in the Amazon

Singing to the Plants

The Touristic Use of Ayahuasca in Peru

Plant Spirit Medicine

Rituals for Personal and Family Healing

A Fierce Heart  
The Ayahuasca Sessions  
25 Years of Medicine Dreaming  
Twelve Ceremonies with the Vine of Souls  
Pulse of the Jungle  
Conversations with Amazonian Curanderos and Western Shamans  
Restoration Earth, Vol 1(1), November 2011  
Fishers of Men  
Ayahuasca in My Blood  
A Shamanic Odyssey  
The Yage Letters  
The Gospel of an Ayahuasca Vision Quest  
Ayahuasca, Adventures, and Social Enterprise in the Amazon  
A Girl, Her Backpack and the World

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## **LANE JUSTICE**

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### The Internationalization of Ayahuasca

Simon and Schuster

Psychology has insights relevant to all majors, all people. As a hub science, it also provides foundational material for many other scientific disciplines.

Cacioppo/Freberg/Cacioppo's

DISCOVERING PSYCHOLOGY: THE SCIENCE OF MIND, 4th edition, presents a cohesive

understanding of the field, highlighting connections within psychology as well as between psychology and other disciplines. The fourth edition includes a new emphasis on social connectivity and loneliness, interpersonal relationships and myth busting, while author Dr. Stephanie Cacioppo brings additional insight as a licensed clinician. Smart and engaging writing, illuminating visuals and sound science illustrate the depth, breadth and diversity of this exciting field. Up-to-date coverage offers insight into the latest research, while hands-on activities help

you sharpen your critical thinking skills. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Being an Account of the Author's Extraordinary Adventures in the Devil's Paradis  
New World Library

- Examines how ayahuasca affects the brain from a neuroscientific perspective and how its effects on consciousness relate to ancient esoteric texts
- Shares interviews with people who have experienced ayahuasca's powerful "spirit

doctor” effects and the author’s own ayahuasca journey from suicidal depression to a soul at peace • Investigates how ayahuasca is interwoven with the ancient practices of Amazonian shamanism Brewed from a combination of two plants--the leaves of Psychotria viridis and the vine stalks of Banisteriopsis caapi--ayahuasca has been used for millennia by indigenous tribes throughout the Upper Amazon for healing and spiritual exploration. The shamans of the Peruvian Amazon call the plant spirit within the vine Abuela Ayahuasca, Grandmother Ayahuasca. Exploring the history, lore, traditional use, psychoactive effects, and current scientific studies, Christian Funder reveals how Grandmother Ayahuasca is a profound healer, wise teacher, and life-changing guide. Examining ayahuasca from a neuroscientific perspective, the author looks at recent research on the effects of DMT--one of the psychoactive compounds in ayahuasca--as well as fMRI studies of brain activity during altered states. He explores these findings as they relate to the teachings on unified states of consciousness in ancient esoteric texts and to Aldous Huxley’s theory of

psychedelics inhibiting the “reducing valve” mechanism of the brain. Sharing interviews with people who have experienced ayahuasca’s powerful “spirit doctor” effects, Funder also details his own revolutionary ayahuasca healing journey from suicidal depression to a soul at peace. He explores ayahuasca’s relationship to indigenous Amazonian shamanism, including an inside look at the Shipibo tribe and the healing songs known as icaros. Offering a holistic picture of ayahuasca--from science to spirit--the author shows that this venerated hallucinogenic tea has immense therapeutic potential and just might be the long-lost shamanic connection to the sacred Gaian mind.

#### Spirit Brew Simon and Schuster

A comprehensive guide to the safe and ethical application of expanded states of consciousness for therapists, healing practitioners, and sincere explorers Psychedelic medicines also known as entheogens are entering the mainstream. And it’s no wonder: despite having access to the latest wellness trends and advances in technology, we’re no healthier, happier, or more meaningfully connected.

Psilocybin mushrooms, ayahuasca, and LSD—as well as other time-tested techniques with the power to shift consciousness such as drumming, meditation, and vision quests—are now being recognized as potent catalysts for change and healing. But how do we ensure that we’re approaching them effectively? Françoise Bourzat—a counselor and experienced guide with sanctioned training in the Mazatec and other indigenous traditions—and healer Kristina Hunter introduce a holistic model focusing on the threefold process of preparation, journey, and integration. Drawing from more than thirty years of experience, Bourzat’s skillful and heartfelt approach presents the therapeutic application of expanded states, without divorcing them from their traditional contexts. Consciousness Medicine delivers a coherent map for navigating nonordinary states of consciousness, offering an invaluable contribution to the field of healing and transformation.

#### **A Man’s Search For Love Peace and Purpose Through Ayahuasca** Simon and Schuster

This book covers the psychedelic

ayahuasca tourism in Peru, with its facet-rich psychological, pharmacological, anthropological, and sociological aspects. The reader gets an interdisciplinary insight into the historical development and the current state of ayahuasca research. Findings from three empirical studies are presented, which the author has won in a 4-year field research: How do common standards develop in this particular form of psycho-spiritual tourism? Why are people from developed nations and urban centres heading to the Amazon to ingest the psychedelic beverage Ayahuasca? How do they experience such ceremonies and retreats? Which insights, personal meaning and effects do they gain and how do they integrate their experiences into the everyday life?

*The Shooting Star* New World Library

This book offers a series of perspectives on the therapeutic potential of the ritual and clinical use of the Amazonian hallucinogenic brew ayahuasca in the treatment and management of various disorders. This book presents biomedical and anthropological data on the use of ayahuasca and provides critiques on how it is used for treating depression, PTSD,

anxiety, substance dependence, and eating disorders. The volume also explores ayahuasca's role in the psychological well-being and quality of life of humans, and discusses possibilities of it enhancing cognition and coping with grief. The book examines ayahuasca's association with psychotherapy and also highlights the challenges of integrating plant medicines into psychiatry. Further, the book expands on some preliminary research with animals, suggesting that ayahuasca acts at multiple levels of neural complexity. The study on the neurogenic effects of ayahuasca alkaloids opens a new avenue of research with potential applications ranging from psychiatric disorders to brain damage and dementia. Psychologists, psychiatrists, and other mental health professionals will find this book relevant to their work regarding substance abuse and alternative medicine.

**Finding Strength, Courage, and Wisdom in Any Moment** North Atlantic Books

The Ayahuasca Test Pilots Handbook provides a practical guide to ayahuasca use, aiding seekers in making right—and safe—decisions about where to go, who to

drink with, and what to expect. Ayahuasca, the Amazonian psychoactive plant brew, has become vastly popular. Once the sole purview of shamans and indigenous native people in the great Amazon rainforest, ayahuasca is now becoming well known—and widely used—around the globe. Today, foreigners from all over the world flock in ever-burgeoning numbers to the steamy Amazon, drinking bitter ayahuasca with shamans and curanderos in order to access its potent healing and spirit-enlivening effects. What began as a mere trickle of visitors in the 1980s has become a surging riptide of seekers. Chris Kilham (Fox News's "Medicine Hunter") has worked closely with South American shamans for two decades and has sat in ayahuasca ceremonies with at least 20 different shamans. Through his "Ayahuasca Test Pilots" program, Kilham has brought numerous people to the Amazon to engage in ceremonies with maestro ayahuasceros. Clear, concise, straightforward, and well informed, The Ayahuasca Test Pilots Handbook is an indispensable guide for anyone curious about this unusual plant medicine.

**The Fellowship of the River** Harper Collins

The Touristic Use of Ayahuasca in Peru Expectations, Experiences, Meanings and Subjective Effects Springer VS  
*Preserving Indigenous Science and Biodiversity in the Upper Amazon* Rough Guides UK

This mesmerizing, surreal account of the bizarre adventures of Terence McKenna, his brother Dennis, and a small band of their friends, is a wild ride of exotic experience and scientific inquiry. Exploring the Amazon Basin in search of mythical shamanic hallucinogens, they encounter a host of unusual characters -- including a mushroom, a flying saucer, pirate Mantids from outer space, an appearance by James and Nora Joyce in the guise of poultry, and translinguistic matter -- and discover the missing link in the development of human consciousness and language.

*A Guide to Mestizo Shamanism in the Upper Amazon* Lulu.com

A trailblazing anthropologist and an indigenous Amazonian healer explore the convergence of science and shamanism "The dose makes the poison," says an old adage, reminding us that substances have

the potential to heal or to harm, depending on their use. Although Western medicine treats tobacco as a harmful addictive drug, it is considered medicinal by indigenous people of the Amazon rainforest. In its unadulterated form, it holds a central place in their repertoire of traditional medicines. Along with ayahuasca, tobacco forms a part of treatments designed to heal the body, stimulate the mind, and inspire the soul with visions. In *Plant Teachers*, anthropologist Jeremy Narby and traditional healer Rafael Chanchari Pizuri hold a cross-cultural dialogue that explores the similarities between ayahuasca and tobacco, the role of these plants in indigenous cultures, and the hidden truths they reveal about nature. Juxtaposing and synthesizing two worldviews, *Plant Teachers* invites readers on a wide-ranging journey through anthropology, botany, and biochemistry, while raising tantalizing questions about the relationship between science and other ways of knowing.

*Shamans and Healers* Johan Fremin

A comprehensive autobiographical account of the transforming experiences

possible with ayahuasca • Reveals the protocols of a traditional ayahuasca retreat and the importance of its ritual diet, isolation, and sacred songs • Relates an extensive personal account of the traditional indigenous use of ayahuasca for healing and revelation *Ayahuasca: The Visionary and Healing Powers of the Vine of the Soul* is an autobiographical account of the author's work with ayahuasca, a potent and sacred plant brew of the Amazon region that is known for its extraordinary visionary and healing powers. As she learned from her experience, with the help of ayahuasca we are able to grasp our paradoxical nature, the first step to acceptance of ourselves in both our glorious and dark aspects. Ayahuasca teaches us how to release the illusions we hold about ourselves and makes it possible to integrate our many diverse aspects to acquire our true power. This book reveals the ritual protocols that must be followed prior to partaking of ayahuasca, including the traditional preparatory "diet"--which requires enduring austere conditions, isolation, and only small amounts of bland food before receiving the powers of the plant spirit

from an ayahuasquero, a healing master-- and the sacred songs, icaros, that are sung when imbibing the substance.

Although the use of ayahuasca is growing among “underground” spiritual seekers and through the burgeoning ayahuasca tourism trade in South America, few of its seekers understand how it is used traditionally and the importance of the rituals the indigenous people follow. With this book, the author hopes to restore the importance of these indigenous practices so that we may truly understand all the gifts of ayahuasca.

**The Life Story of Auyahuasquero and Shaman Don Augustin Rivas Vasquez**  
North Atlantic Books

William Burroughs closed his classic novel, *Junky*, by saying he had determined to search out a drug he called 'Yage', a drug that could be 'the final fix'. In *The Yage Letters*, a mix of travel writing, satire, psychedelia and epistolary novel, he journeys through South America, writing to his friend Allen Ginsberg about his experiments with the strange drug, using it to travel through time and space and derange his senses. Burroughs' letters reveal his desire to escape the norms of

American society which hemmed him in, and the extraordinary steps he took to break free.

*Amazon Magic* Springer VS

Shivya Nath quit her corporate job at age twenty-three to travel the world. She gave up her home and the need for a permanent address, sold most of her possessions and embarked on a nomadic journey that has taken her everywhere from remote Himalayan villages to the Amazon rainforests of Ecuador. Along the way, she lived with an indigenous Mayan community in Guatemala, hiked alone in the Ecuadorian Andes, got mugged in Costa Rica, swam across the border from Costa Rica to Panama, slept under a meteor shower in the cracked salt desert of Gujarat and learnt to conquer her deepest fears. With its vivid descriptions, cinematic landscapes, moving encounters and uplifting adventures, *The Shooting Star* is a travel memoir that maps not just the world but the human spirit.

*Discovering Psychology: The Science of Mind* Springer Nature

Whether you live in a mountain cabin or a city loft, plant spirits present themselves to us everywhere. Since its first printing in

1995, *Plant Spirit Medicine* has passed hand-to-hand among countless readers drawn to indigenous spirituality and all things alive and green. In this updated edition, Eliot Cowan invites us to discover the healing power of plants—not merely their physical medicinal properties, but the deeper wisdom and gifts that they offer. Enriched by many new insights, this guide unfolds as a series of chapters on how plant spirit medicine helped Cowan resolve specific challenges in his own healing journey and in his work with others. In the telling, we learn how plant spirits can directly communicate with and aid all of us, including: Plant spirit medicine's five-element view of healing Ways to assess our own states of health and balance Receiving guidance from plants, including those found within herbal preparations New passages on community and sacred plants such as peyote, marijuana, and tobacco Additional interviews with plant shamans across diverse traditions, and more

Expectations, Experiences, Meanings and Subjective Effects North Atlantic Books

A dazzling work of personal travelogue and cultural criticism that ranges from the

primitive to the postmodern in a quest for the promise and meaning of the psychedelic experience. While psychedelics of all sorts are demonized in America today, the visionary compounds found in plants are the spiritual sacraments of tribal cultures around the world. From the iboga of the Bwiti in Gabon, to the Mazatecs of Mexico, these plants are sacred because they awaken the mind to other levels of awareness--to a holographic vision of the universe. *Breaking Open the Head* is a passionate, multilayered, and sometimes rashly personal inquiry into this deep division. On one level, Daniel Pinchbeck tells the story of the encounters between the modern consciousness of the West and these sacramental substances, including such thinkers as Allen Ginsberg, Antonin Artaud, Walter Benjamin, and Terence McKenna, and a new underground of present-day ethnobotanists, chemists, psychonauts, and philosophers. It is also a scrupulous recording of the author's wide-ranging investigation with these outlaw compounds, including a thirty-hour tribal initiation in West Africa; an all-night encounter with the master shamans of the

South American rain forest; and a report from a psychedelic utopia in the Black Rock Desert that is the Burning Man Festival. *Breaking Open the Head* is brave participatory journalism at its best, a vivid account of psychic and intellectual experiences that opened doors in the wall of Western rationalism and completed Daniel Pinchbeck's personal transformation from a jaded Manhattan journalist to shamanic initiate and grateful citizen of the cosmos.

*Breaking Open the Head* Springer Science & Business Media

Experiential journalist Rak Razam sets out to document the thriving business of 21st-century hallucinogenic shamanism starting with a trip to the annual Amazonian Shaman Conference in Iquitos, Peru, where he meets a motley crew of "spiritual tourists," rogue scientists, black magicians, and indigenous and Western healers and guides, all in town to partake of the ritual--and the medicine--of ayahuasca, "the vine of souls." Combining his personal story with the history of Amazonian shamanism, Razam takes the reader along on an entertaining, enlightening adventure. In areas of Brazil,

Ecuador, and Peru, the traditional herbal brew known as ayahuasca or yajé is legally used to heal physical ailments and to cleanse and purify the spirit by connecting it to the web of life. Sting and Tori Amos have admitted sampling it in Latin America, as has Paul Simon, who chronicled the experience in his song "Spirit Voices." *Aya Awakenings* works as a cautionary tale, a travelogue, and a memoir, but primarily acts as a portal through which readers are able to gain more information about the perils and the promise of spiritual reconnection through ayahuasca. "A memorable--and deeply personal--journey into the hearts and minds of those who carry on the shamanic traditions of ayahuasca."--Rick Doblin, founder of the Multidisciplinary Association of Psychedelic Studies (MAPS) Contents Foreword by Dennis McKenna Preface by Rak Razam Departure 1 Seekers of the Mystery; 2 Wheel of Fortune; 3 Jungle Fever; 4 Space Cadets; 5 Cosmovation; 6 Hamburger Universe; 7 Surfing; 8 Ayahuasca Disco; 9 Logos; 10 Night of the Black Puma; 11 Downtime; 12 Seeds; 13 Beasts Initiation; 14 Shaman School; 15 Snakes and Ladders; 16 Heart of

Darkness; 17 Return to the Source; 18 The Love Creek Session; 19 The High Frontier; 20 Stairway to Heaven; 21 Going Down to the River to Pray; 22 The Hero's Journey Return 23 Secret Women's Business; 24 The Prime Directive; 25 One River; 26 When Stones Dream; 27 Paying the Earth; 28 Talking with Kevin; 29 Illuminated; 30 Final Flight Index Bibliography Author's Note

*The Shaman & Ayahuasca* Joseph Tafur  
The Rough Guide to Peru covers the country in-depth from the jawdropping attractions of the Macchu Picchu, Lake Titicaca and Colca Canyon to Lima's endlessly hip restaurant scene. Rough Guides' four expert authors have covered every inch of Peru, communing with Amazon shamans, rafting the waters of the mighty Urubamba and hiking to the little-visited Inca ruins of Choquequirao. Discover where to find Peru's best pisco sour, view the rainforest high up from a canopy walkway or check out the country's coolest surfing hangout with Rough Guides' things not to miss section. Learn how to get the most out of one of South America's most versatile destinations with The Rough Guide to Peru

range of itineraries. Meet the Incas with our in-depth history section and read about everything from traditional panpipe music to hallucinogenic plants. Over 70 clear, full-colour maps help you find a hostel while our easy-to-use transport info will make sure you don't end up on a chicken bus to nowhere!

*Grandmother Ayahuasca* Watkins Media Limited

A stream of consciousness book based on a day by day diary of a spontaneous 8 month-long journey to the Peruvian Amazon undertaken by a somewhat naive young westerner in order to study shamanism, followed by a three month journey through Mexico. Entirely based on actual diary entries, it's a vivid and unpredictable trip. Read this before drinking ayahuasca to avoid making the same mistakes.

*A Psychedelic Journey into the Heart of Contemporary Shamanism* Simon and Schuster

With stories from south central LA to the jungles of Peru, *A Fierce Heart* offers deep and honest reflections on compassion and suffering by one of the country's most powerful mindfulness teachers. Spring

Washam is a founder of the East Bay Meditation Center, the most diverse and accessible meditation center in the United States. In *A Fierce Heart*, she shares her contemporary, unique interpretation of the Buddha's 2,500-year-old teachings that get to the heart of mindfulness, wisdom, and compassion. Woven throughout the book are stories from her life, family, and community, along with soulful and unexpected stories of compassion in action from all over the world. The life-saving teachings of this charismatic teacher are universal; her honesty, enthusiasm, and energy are a balm.

*The Therapeutic Use of Ayahuasca* Sounds True

A practical guide to connecting with your ancestors for personal, family, and cultural healing • Provides exercises and rituals to help you initiate contact with your ancestors, find ancestral guides, and assist the dead who are not yet at peace • Explains how to safely engage in lineage repair work by connecting with your more ancient ancestors before relating with the recently deceased • Explores how your ancestors can help you transform intergenerational legacies of pain and



abuse and reclaim the positive spirit of the family. Everyone has loving and wise ancestors they can learn to invoke for support and healing. Coming into relationship with your ancestors empowers you to transform negative family patterns into blessings and encourages good health, self-esteem, clarity of purpose, and better relationships with your living relatives. Offering a practical guide to understanding and navigating relationships with the spirits of those who have passed, Daniel Foor, Ph.D., details how to relate safely and effectively with your ancestors for personal, family, and cultural healing. He provides exercises and rituals, grounded in ancient wisdom traditions, to help you initiate contact with your ancestors, find supportive ancestral guides, cultivate forgiveness and gratitude, harmonize your bloodlines, and assist the dead who are not yet at peace. He explains how to safely engage in lineage repair work by connecting with your more ancient ancestors before relating with the recently deceased. He shows how, by working with spiritually vibrant ancestors, individuals and families

can understand and transform intergenerational patterns of pain and abuse and reclaim the full blessings and gifts of their bloodlines. Ancestral repair work can also catalyze healing breakthroughs among living family members and help children and future generations to live free from ancestral burdens. The author provides detailed instructions for ways to honor the ancestors of a place, address dream visits from the dead, and work with ancestor shrines and altars. The author offers guidance on preparing for death, funeral rites, handling the body after death, and joining the ancestors. He also explains how ancestor work can help us to transform problems such as racism, sexism, homophobia, and religious persecution. By learning the fundamentals of ancestor reverence and ritual, you will discover how to draw on the wisdom of supportive ancestral guides, heal family troubles, maintain connections with beloved family after their death, and better understand the complex and interconnected relationship between the

living and the dead.

### **A Laugh-Out-Loud Cozy Mystery Series** UNM Press

Tea, tarot, and trouble. This quirky mystery series has it all! Abigail Beanblossom's dream of owning a tea room in her California beach town is about to come true. She's got the lease, the start-up funds, and the recipes. But Abigail's out of a tearoom and into hot water when her realtor turns out to be a conman... and then turns up dead. But not even death puts an end to the conman's mischief. He rented the same space to a tarot reader, Hyperion Night. Convinced his tarot room is in the cards, Night's not letting go of the building without a fight. But the two must work together, steeping themselves in the murky waters of the sham realtor's double dealings, in order to unearth the truth – before murder boils over again. If you love quirky characters and laugh-out-loud reads, you'll love this special boxed collection of the first three books in the series, including: *Steeped in Murder*, *Hostage to Fortune*, and *Oolong, Farewell*. Tearoom recipes in the back of the books!

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