

The No Spend Year

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SexyThe main point of our no spend year is to stay away from unnecessary spending all year. Our goals are to pay off our debt and recoup our savings. We also decided now, in January, what we will be spending money on this year, and the challenge is to not deviate from that decision, for the whole entire year!No Spend Year Challenge! Partners in FireA Year Long No-Spend Challenge. For today's Money Monday, I wanted to let someone else take the wheel to talk about this really inspiring and worthwhile challenge- 365 days of no unnecessary spending.The 1 Year No Spend Challenge: Saving \$20k of a \$32k ...It is a No Spend Year combined with Embracing Minimalism. As with any good experiment, one needs benchmarks to measure the results and calculate what was saved. To get a refresher or you are new to what I am doing, the metrics that I am measuring can be found in January's Post.How I Saved Over €2.8K This November - The No Spend Year ...The No Spend Year is Michelle's honestly written and personal account of her challenge. But it is more than that, it is also a tool for life that will help you get to grips with your own financial situation.The No Spend Year: How you can spend less and live more ...A year without spending money revitalised my finances and changed my relationship with money for the better. However, you don't have to give up splashing the cash completely in order to spend ...10 practical tips from my year of spending nothing | MoneywiseWe will be starting a no spend year in November and it won't be the first time. Years ago this was how we lived normally for a couple years and a learned so much from that time. What to do, how to ...

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