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efficacy, as is required for pharmaceutical drugs.Herbal Medicine in the United States: Review of Efficacy ..."The Office of Dietary Supplements, a part of the National Institutes of Health, works to strengthen knowledge and understanding of dietary supplements by evaluating scientific information, stimulating and supporting research, disseminating research results, and educating the public about the efficacy and safety of dietary supplements in order to foster an enhanced quality of life and health for the U.S. population."Frequently Asked Questions (FAQ) - NIH Office of Dietary ...The FDA does not have authority over dietary supplements in the same way it does prescription medicines. The Federal Government does not regularly test what is in dietary supplements, and companies are not required to share information on the safety of a dietary supplement with the FDA before they sell it.Dietary Supplements - National Institute on Aging"No supplements are prescreened for efficacy and safety by the government," said Bryn Austin, a professor in the department of Social and Behavioral Sciences at Harvard T.H. Chan School of Public ... The U.S. Food and Drug Administration (FDA), which regulates dietary supplements, requires that companies submit safety data about any new ingredient not sold in the United States in a dietary supplement before 1994. In all other cases, the FDA is not authorized to review dietary supplements for safety and effectiveness before they are marketed.

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Efficacy, safety, and quality of dietary supplements Whether dietary supplements provide measurable health benefits has long been a topic of scientific debate. As a result, the general public often receives mixed signals from the supplement industry and the scientific community regarding the effectiveness of dietary supplements.

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