
Animal Healing And Vibrational Medicine

Energy Medicine for Your Cat

A Practical Guide to Feeding Your Pet a Balanced, Natural Diet

Comfort for Loving Humans During Animal Transitions

Energy Medicine for Your Dog

Energy Medicine for Animals

100 Animals to Energize Your Life and Awaken Your Soul

Animal Reiki

Vibrational Medicine

Positive Affirmations to Heal Your Pet and Other Animals

Aligning Your Body's Energies to Boost Your Health and Vitality

Natural Healing for Animals Energy Medicine Workbook

Balancing Your Body's Energies for Optimal Health, Joy, and Vitality Updated and Expanded

The Animal Lover's Essential Guide To Using Healing Energy

Healing Plants and Animals from a Distance

An Essential Guide to Working with Your Cat in a Natural, Organic, 'Heartfelt' Way

A Practical Guide to Healing Options for People and Animals

Energy Healing for Your Dog and Cat

Animal Energy Therapy Project: One Woman's Journey Healing Animals Through Energy Work

Animal Healing: The Power of Rolting

Energy Healing for Animals and Their Owners: An Earth Lodge Guide to Pet Wellness

Home Health Care for Our Canine Companions

The Basic Code of the Universe

Whole-Pet Healing

Whole-Pet Healing

Identify, Attune, and Connect to the Energy of Animals

Peace in Passing

The Animal Healer
Lessons on Spirituality and Healing from an Animal Communicator
Healing For Horses
Curative Principles and Applications
Using Energy to Heal the Animals in Your Life
Energy Healing for Animals
Your Natural Prescription for Resilient Health
The Shaman's Guide to Power Animals
The Nature of Animal Healing
Animal Healing
Energy Medicine
Energy Medicine For Women
A Book of Earth Medicine and Animal Magic
Hands-On Holistic Techniques

*Animal Healing And
Vibrational Medicine*

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WILLIS BALDWIN

Energy Medicine for Your Cat New World
Library

A full-color, practical handbook on the bioenergetics of animal healing, with case studies to showcase the effects of vibrational medicine • Reveals how to work with the energy fields, auras, and chakras of horses, cats, and dogs • Demonstrates how to use High Sense

Perception (HSP) in relation to an animal, illustrating what happens in the energy fields of a human being and an animal when they connect telepathically • Details how zoopharmacognosy, or animal self-selection of remedies such as essential oils, can assist in promoting emotional release and physical healing Vibrational medicine offers a natural, effective, and hands-on response to animal ailments and disturbances. In the absence of a shared language of “words,” energetic healing can connect a human more closely to an animal while at the same time working on

the physical body, the chakras, and the different layers of the animal’s aura or energy field. In this book, animal communicator and healer Diane Budd shares her intriguing journey, research, and experience of working with animals energetically. She explains how, together with a healer colleague, she set out to document the effects of animal communication and healing on the energy field of the animal and the communicator, which led to further in-depth research. Detailing her findings, she reveals how to work with the energy fields, auras, and

chakras of horses, cats, and dogs as well as what benefits energetic healing work can offer to animals. Sharing many case studies from her healing practice, the author explores what High Sense Perception (HSP) reveals about the relationship between an animal and human and how to make sense of what you are receiving on an intuitive level. Full-color illustrations clearly show the energy field, the energy flow between animals' chakras, and what happens in the energy fields of a human being and an animal when they connect telepathically. The illustrations also help guide you, step-by-step, through the use of the healing tools and practices described. The author explains how zoopharmacognosy--animal self-selection of remedies such as essential oils or herbs--can support emotional release and physical healing, not only for animals but for humans too. She details animal personality types and their soul evolvment levels and explores the influence of an animal's past life on present-day issues, whether it be a past-life connection with the current owner or an issue the animal needs to work with in this present lifetime. Full of animal

communication stories and ground-breaking research on animal energy fields, this book shows how, just as we humans are all here on this earthly plane to learn and grow, so are our animals.

A Practical Guide to Feeding Your Pet a Balanced, Natural Diet Celestial Arts

"Animal Reiki is a great introduction to the growing field of energy medicine. Written in an easy-to-read style, this book will be enjoyed by animal guardians and veterinarians alike." --SHAWN MESSONNIER, DVM, author of *The Natural Health Bible for Dogs & Cats* "I learned a lot from *Animal Reiki* and highly recommend it to a wide audience." --MARC BEKOFF, University of Colorado, author of *Minding Animals* and editor of the *Encyclopedia of Animal Behavior* "Fulton and Prasad have created a much needed guide to a method of helping animals heal that is gentle, intuitive, safe and powerful." --SUSAN CHERNAK McELROY, author of *All My Relations: Living with Animals as Teachers and Healers* WHETHER YOU'RE A NEWCOMER TO THE FIELD OF energy medicine, an experienced practitioner or an animal lover committed to learning everything you can about your

companion's health, *Animal Reiki* will open your eyes to a new level of healing and well-being. From dogs and cats to horses and birds, this book is everything you need to understand and appreciate the power of Reiki to heal and deepen the bond with the animals in your life.

Comfort for Loving Humans During Animal Transitions Hillcrest Publishing Group

The profound bond between us and our beloved pets is undeniable - in fact, it goes far beyond what we might ever have expected. In *Whole-Pet Healing*, 30-year veterinarian Dr. Dennis Thomas delves into the heart-to-heart link we share with our cherished animal companions, and how we can influence their healing - and they, ours - in remarkable ways. Presenting a case for holistic pet care backed by quantum science, Dr. Thomas explains the nature of the energetic body and the ways we can tap into its extraordinary curative abilities, using techniques ranging from Traditional Chinese Medicine and acupuncture to intention and intuition. He sheds light on our power to deliver love and healing to our dogs, cats, birds, and other pets via an

enhanced human-animal connection – and how this benefit flows in both directions, helping us experience radiant love and well-being ourselves. Empowered by this holistic, energetic perspective, you will be guided in making optimal choices with ease and confidence, with chapters covering topics such as: • Finding the right veterinarian • Creating the best natural diet for your pet • Knowing what to do in times of health challenges • Intuitively connecting with your animal companion This groundbreaking book promises to be one you'll turn to time and again at each stage of your pet's life.

Energy Medicine for Your Dog Random House

Having worked professionally with animals for years, Anne-Frans has filmed innovative Energy Therapy explorative research studies with elephants, horses, goats and dogs in Rajasthan, India. Her memoirs are collective stories of the healing work that took place with these animals in India. She incorporates and shares insightful findings, knowledge, current beliefs and interpretations gleaned from highly recognized professional scientists, behaviorists, theorists,

ecologists, biologists and psychologists. Anne-Frans is the founder of The Running Dog Ranch in California. In addition, she is a Certified Healing Touch for Animals Practitioner, integrates TCM Animal Acupressure, Sound Therapy, Touch, Essential Oils and Bach Flower Remedies in her impactful work with animals. She holds a BA in Psychology and MA in Business Communication. Anne-Frans' goal is to increase global awareness, integrating diverse Animal Energy Therapy techniques with all animals to restore optimal vibrational and physical health, behavioral balance and longevity. Through her colorful journey and inspiring work, she has been listening to the call of the animal instinct and through graceful guidance soothing the animals back into alignment and their Divine selves. Using a mindful approach in her stories, she gives hope and empowers us, stewarding us to action, infinite healing, compassionate animal-human bond, and coexisting in harmony in a world that constantly changes.

[Energy Medicine for Animals](#) Createspace Independent Publishing Platform
The Comprehensive Vibrational Healing

Guide covers hundreds of holistic remedies that work with the body's natural energetic rhythm to foster better emotional, spiritual and physical health. Maya Cointreau walks you through the layers of the body biofield, explaining vital concepts such as chakras, meridians, and elemental theory so that you can choose the remedies that will work best for you and your family. Quantum physics and rigorous scientific studies are explored, shedding light on how and why vibrational healing works so well in conjunction with modern allopathic medicine. "Vibrational remedies are energy medicine. Everything in this book is designed to balance or enhance the energy patterns in the body so that it can heal itself. All vibrational remedies shift our energy so that we can feel better. So that we can be better." Learn how to effectively use mind-body techniques such as EFT, meditation and affirmations. Create and use your own flower essences and homeopathic remedies, or choose from hundreds of remedies that are on the market today, including essential oils and crystal elixirs. Understand the power of UV light, and how to harness its healing potential through

the use of LED lights or colors. Hands-on healing therapies such as Reiki, Polarity, Therapeutic Touch and Qigong Healing are all explained, as well the basic tenets of Ayurveda, Won-Ki and Traditional Chinese Medicine. Harness modern technological breakthroughs from NASA and other respected scientists and take charge of your healing process. "Maya Cointreau will take you on a journey towards a new way of living life. She makes it easy to relate to the material and her words will leave you feeling confident and self-empowered." - Kathy Lalonde, RPPPowerful Holistic Healing Modalities from the Comprehensive Vibrational Healing Guide* The Human Biofield, Chakras & Meridians* Reiki, Polarity Therapy & Therapeutic Touch* Ayurveda & Traditional Chinese Medicine* Mind-Body Techniques such as EFT, Meditation and Affirmations* Aromatherapy & Homeopathy *UV Light & Color Therapy* Learn to Create and Use Your Own Vibrational Essences* Flower, Crystal and Environment Essences* Electro-Magnetic Quantum Healing Technologies including Biofeedback, BioResonance and Rife Machines

100 Animals to Energize Your Life and

Awaken Your Soul Animal Healing and Vibrational Medicine

Silver Medal Nautilus Book Awards Winner Learn how to connect to your own good medicine and discover the powerful energy healing that will bring authentic wellness, health, hope, and joy into your life. Hilary Crowley is the resident energy healer at a general family medical center in Portsmouth, New Hampshire. Working alongside surgeons, physicians, nurses, and holistic practitioners, she uses energy medicine modalities and hands-on techniques to facilitate her clients' healing. In this book, Hilary sheds light on questions surrounding energy medicine by sharing stories from cases including cancer battles, suicide attempts, and chronic pain. She shares how to find healing through the good medicines in your own cabinet: things like connection, grace, forgiveness, creativity, and more. In a healthcare system that has become increasingly focused on specialization and treating specific ailments or organs, the concepts of energy medicine and treating the whole patient are, unfortunately, often lost. Hilary aims to revolutionize the

conversation about our body and spirit in the healthcare industry by speaking directly to patients and medical providers. Our bodies have the power to heal, and simply need guidance and awareness to access this vital energy for prevention and recovery. Through practical insights, inspiring stories, and thoughtful questions posed to the reader, this book is more than a guide to energy healing; it offers you the key to unlocking your good medicine cabinet and discovering holistic health and wellbeing.

Animal Reiki Penguin

Discover the Amazing Ways Subtle Energy Enhances Your Pet's Wellness and the Bond You Share Together Improve your pet's emotional, physical, and spiritual well-being—and strengthen the bond between the two of you in the process—using vibrational medicine and energy techniques. Bestselling author Cyndi Dale's remarkable guide covers the chakras and subtle energy system for a variety of animals, from mammals to invertebrates. You'll explore the foundational energetics of common problems and learn how to assist your pet, no matter what the issue. Using intuitive

communication and energetic assessments, you can fully support your pet's development in every stage of life. Explore the use of essential oils, stones, and homeopathy to promote healing. Discover your pet's energetic signature to better understand his or her personality and needs. This indispensable book helps you create a happier, more loving relationship with your beloved animal and discover more of your true self along the way. Includes 12 pages of full-color illustrations. Praise: "Cyndi has a real gift and has put her heart and soul into Energy Wellness for Your Pet—a book the world needs now more than ever. Her goal is the same as mine, to prevent suffering and do no harm."—Dr. Stephen R. Blake, DVM, CVA, CVH, Usui Reiki Master Shaman "[Cyndi's] guidance will bring about enhanced health, happiness and bonding for you and your animal companions—furred, feathered and invertebrates. Bravo Cyndi!"—Joan Ranquet, animal communicator, healer, author and founder of Communication with All Life University "A well-written, inspiring look into the subtle energies of our pets and how we can work with this energy to

understand our animal friends...Cyndi speaks from the heart and shares personal stories that teach through example and will deeply affect you. I honestly couldn't put this book down...A must read for anyone who has a pet."—Melissa Alvarez, author of Animal Frequency and Llewellyn's Little Book of Spirit Animals "Cyndi Dale's brilliant book expertly teaches readers how to apply energetic concepts and techniques to improve a pet's emotional, physical, and spiritual well-being...Highly recommended for all animal lovers!"—Madisyn Taylor, cofounder of DailyOM

Vibrational Medicine Star Chalice Sisters Publishing

This book is an introduction to the world of energy healing, and an invitation for you to embark on a rewarding journey of discovery with your animal companion. In this practical guide you will learn about the non-physical or energetic anatomy of your pet. The concept of energy healing is to move, clear, stimulate or reset energy imbalances, to restore harmony and allow the body to heal itself. You will learn how to detect energy imbalances and how to use the simple yet powerful healing

techniques of touch, colour, sound, crystals, flower essences and aromatherapy. If your dog or cat falls ill, you can use these techniques as a complement to conventional veterinary treatments. You can also give your pets energy 'tune-ups' to maintain a state of optimal health. What's more, sharing this experience with your favourite animal friend will further cement the bond between you in a fun and loving way. Olivia Pozzan, BVSc, is a veterinarian with over 30 years experience treating a broad range of animals and is passionate about animal welfare. In the area of energy medicine she is a Reiki Master and has studied Touch for Health (TFH) Kinesiology. Her focus on holistic therapies and an integrative approach to veterinary medicine is based on respect and compassion for all living creatures. [Positive Affirmations to Heal Your Pet and Other Animals](#) Simon and Schuster Naturally, you want the best for your canine companion's body, mind, and spirit. Ensure a lifetime of tail wags and dogged good health with THE COMPLETE HOLISTIC DOG BOOK. Animal healers Jan Allegretti and Katy Sommers discuss natural

preventive health care, including early socialization, environmental safety, nutrition, and the application of alternative therapies and allopathic medicine. A thorough grounding in homeopathy, traditional Chinese medicine, and herbal remedies provides practical techniques for treating hundreds of common canine illnesses, injuries, and health problems. Also covering the special needs of older dogs, **THE COMPLETE HOLISTIC DOG BOOK** is a compassionate reference for animal guardians and caregivers, at home as well as in a clinical setting. Offers a unique, holistic approach that maintains the health of a dog's entire body system, from puppyhood through the senior years. With an easy-to-use, 80-page *Materia Medica* covering nutritional supplements, herbs, and homeopathic remedies. Includes a guide to creating a holistic first-aid kit. From the Trade Paperback edition.

[Aligning Your Body's Energies to Boost Your Health and Vitality](#) Llewellyn Worldwide

In this updated and expanded edition of her alternative-health classic, Eden shows readers how they can understand their body's energy systems to promote

healing.

[Natural Healing for Animals Energy Medicine Workbook](#) Sounds True

Using simple rituals—whose roots draw from shamanism, spirituality, religion, Native American studies, vibrational energy, and alternative medicine—becoming conscious of healing abilities is possible. This manual demonstrates not only how to gain the knowledge and wisdom afforded by various spirit beings, guides, and helpers, but also how to apply this knowledge in the natural world. Key diagnostic methods address specific ways to talk with plants and animals, understand what they say and how they say it, and how harmony, healing, and wholeness may be attained in both urban and rural settings.

Visualization, prayer, and other techniques for accessing the vibration rates and consciousness of living things are also explored.

Balancing Your Body's Energies for Optimal Health, Joy, and Vitality **Updated and Expanded** Simon and Schuster

A pioneering revolutionary prescription for the health and long life of your pets For

two decades, Dr. Martin Goldstein—America's most successful, renowned holistic veterinarian—has healed and helped his animal patients with the same natural therapies that benefit humans. The results have been so astounding that today critically sick pets are brought to him from across the country for a new chance at life and health. In this compelling, very accessible book, Dr. Goldstein explains exactly what holistic medicine is and how it works. By treating the root of a health problem instead of its symptoms, you too can help your animal to regain and maintain its own health, as nature intended. Dr. Goldstein also shares many remarkable true stories of supposedly terminally ill animals who have recovered to full wellness. Inside you'll discover • Why our animals get sick, even when we strive to give them the best of care • An exhaustive A to Z guide of pet ailments—and the best course of action • Why vaccines can do more harm than good • The link between diet and disease—and how the right diet can not only prevent disease but reverse it • How acupuncture, homeopathy, chiropractic, and other alternative options work--safely

and painlessly--to restore true health • Specific guidance for the use of herbs, supplements, and natural remedies • The good news (and the bad) about cancer in animals--including extraordinary new treatments and potential cures • Coping with the inevitable death of your pet--both physically and psychologically • And much, much more Plus—the ultimate resource for holistic pet care: an extensive guide to holistic product manufacturers and stores, books, newsletters, Web sites, veterinarians, and associations!

The Animal Lover's Essential Guide To Using Healing Energy Simon and Schuster

Animals, like children, respond immediately to any kind of affirmation because they do not judge them. Therefore, our responsibility as guardians, rescuers, keepers, or veterinarians is tremendous. An animal will absorb whatever thoughts or vibrations we send towards it and react accordingly. We can help improve an animal's state of mind and even physical or emotional condition using positive affirmations on a daily basis, during and after rescue operations, trauma episodes, surgeries, health challenges, behavioral issues, and such.

The purpose of this book is to help those who love and help animals and believe in positive affirmations, or are open to learning about them, to expand their transformational healing effect to their loved pets or to any other animal that appears on their path for help. You can use these affirmations in various occasions and in many ways. You may adapt them to any situation, animal species, gender, or breed. Your heart will guide you on how to use them. The key is consistency and legitimate coherence amongst your thoughts, feelings, and actions toward the animal you are willing to help.

Healing Plants and Animals from a Distance Author Essentials (Indepenpress)

Mary Marshall, a nationally renowned animal communicator, takes readers on a fun-filled trip through the strange and fascinating world of animals. With clarity, humor and candor, she coaches readers in the art of interspecies communication, providing plenty of practical advice and how-to's for living a more fulfilling life with pets. She shares wisdom learned from ten years of healing animals and people, both physically and emotionally. The author introduces readers to Natalie, the Medicine

Horse, an unusual creature who propelled Mary into the realm of spirit and intuition. Natalie's gifts as a healer and intuitive counselor to humans on subjects such as health, nutrition, spiritual and personal matters, are all revealed. Detailed healing exercises and medicinal uses for crystals, as prescribed by the four-legged shaman, are included for the reader's reference.

An Essential Guide to Working with Your Cat in a Natural, Organic, 'Heartfelt' Way Piatkus Books

"If you enjoy animal stories as much as I do, you're in for a great read. . . . You'll witness the health and happiness of these animals being transformed through the hands and heart of Briah Anson and her passionate application of Rolfing(r) Structural Integration. . . . It's an incredible menagerie: cats, dogs, and horses, as well as guinea pigs, llamas, eagles, an owl, a rooster, a cougar, and, perhaps most intriguing of all, an up close and personal encounter with a wild moose named Mike." Paul Schurke, Outdoor adventurer and educator; coauthor with Will Steger of *North to the Pole* and author of *"Bering Bridge: The Soviet-American Expedition from Siberia to Alaska"*; Director,

Wintergreen Dogsled Lodge and Arctic Adventures, Ely, Minnesota "As Bria Anson's collection of nonhuman patients clearly demonstrate, Rolwing(r) Structural Integration isn't just for people, though a person's appreciation of its benefits for themselves often leads to an interest in trying this form of body work on their animals. . . . Each animal's emotional and locomotor response to Rolwing described in this book strongly suggests a true and sustained benefit." Julia H. Wilson, DVM, Diplomate, American College of Veterinary Internal Medicine; Associate Professor, Large Animal Medicine, College of Veterinary Medicine, University of Minnesota "Bria Anson shares her experience, insight, and her love for all creatures in these amazing stories of her quest for healing through Rolwing(r). . . . After each session, the ravages of the eagles'] permanent disabilities seemed to have less influence on their performance. . . . The Rolwing sessions improved their overall disposition and health. . . . I'm grateful to Bria for her extensive dedication and the volunteering of her time and talent given to the eagles at the National Eagle Center." MaryBeth

Garrigan, Executive Director of Eagle Watch, Inc. (2000-05); Program and Development Director, National Eagle Center (2005-09), Wabasha, Minnesota "Rolwing(r) Structural Integration, a unique myofascial approach to assist the body in healing numerous musculoskeletal and other issues, is being introduced to the animal world through Bria Anson's fascinating book, "Animal Healing." Through case reports, anecdotes, and stories from her pioneering practice applying Rolwing SI to animals, Bria offers convincing evidence that the benefits of this work may be applicable to animals as well. This book is an excellent introduction to Rolwing Structural Integration and its potential application to nonhuman animals. Allen M. Schoen, MS, DVM, Ph.D. (hon.); author, "Kindred Spirits: How the Remarkable Bond between Humans and Animals Can Change the Way We Live" and editor, "Veterinary Acupuncture: Ancient Art to Modern Medicine A Practical Guide to Healing Options for People and Animals Chronicle Books Explains the universal information code connecting every person, plant, animal, and mineral and its applications in

science, health care, and cosmic unity • Examines research on consciousness, quantum physics, animal and plant intelligence, emotional fields, Kirlian photography, and the effects of thoughts, emotions, and music on water • Reveals the connections between the work of Ervin Laszlo on the Akashic field, Rupert Sheldrake on morphogenetic fields, Richard Gerber on vibrational medicine, and Masaru Emoto on the memory of water DNA dictates the physical features of an organism. But what dictates how something grows--from the division of cells in a human being to the fractal patterns of a crystal? Massimo Citro reveals that behind the complex world of Nature lies a basic code, a universal information field--also known as the Akashic field, which records all that was, is, and will be--that directs not only physical development and behavior but also energetic communication and interactions among all living and non-living things. The author examines research on consciousness, quantum physics, animal and plant intelligence, the power of intention, emotional fields, Kirlian photography, and the effects of thoughts, emotions, and

music on water. Linking the work of Ervin Laszlo on the Akashic field, Rupert Sheldrake on morphogenetic fields, Richard Gerber on vibrational medicine, and Masaru Emoto on the memory of water, Citro shows how the universal information field connects every person, plant, animal, and mineral—a concept long known by shamans and expounded by perennial wisdom. Putting this science of the invisible to practical use, he explains his revolutionary system of vibrational medicine, known as TFF, which uses the information field to obtain the benefits of natural substances and medications in their “pure” informational form, offering side-effect-free remedies for health and well-being.

Energy Healing for Your Dog and Cat Lulu Press, Inc

Use Powerful Natural Techniques to Heal and Communicate with Your Animals Enhance the health and happiness of your beloved companions with this comprehensive guide to holistic healing and therapy modalities. Animal Healing demystifies vibrational energy and offers detailed information on how you can sense, establish, and attune your

awareness to animal energy. You'll learn to activate wellness on all levels and deepen the unbreakable bond with your animal's heart, mind, and soul. Providing in-depth descriptions and case studies that illustrate the healing modalities, Niki J. Senior sheds light on the true nature of animal health and disease. Through ground-breaking methods and exercises, she helps you use gemstones, crystals, flower essences, and other natural remedies to effectively heal your animal. Praise: "As a professional vet, I found this book an enlightening approach to holistic animal health and understand how complementary and veterinary methods can work in synergy."—Bernd Wittorf, MRCVS, veterinarian, Freie Universität Berlin "[Animal Healing includes] a combination of anecdotes, success stories, personal battles, science, therapies, how-to instruction, and self-care . . . by the time you have finished, your love for your animal, yourself, and for all of life will have reached new vibrations, new connections, and higher energies—you will already be healing your animal before you know it!"—Isla Fishburn, PhD, founder of Kachina Canine

Animal Energy Therapy Project: One Woman's Journey Healing Animals Through Energy Work

Hay House, Inc

With clear, concise and immensely practical advice on how animals communicate, behave and self-medicate, *The Animal Healer* is ideal for anyone who wishes to understand more about animals, healing and themselves. When her horse 'Wow' was seriously injured, Elizabeth Whiter discovered her incredible talent for hands-on healing and also observed how Wow took steps to heal himself. Now with over 1,000 animals treated, Elizabeth shares her remarkable journey, knowledge and experience. She also explains many of the theories that inform her practice, including: • how to provide hands-on healing • sensing and aligning the energies • zoopharmacognosy - an emerging science that refers to the instinctive methods animals use to self-medicate • and how to feed your animals, providing delicious recipes that are healthy for both you and your pets. *The Animal Healer* shows how a remarkable experience has led to wisdom that anyone who cares about animals will find invaluable.

Animal Healing: The Power of Roling

Simon and Schuster

Discover the energetic power of animals and how to connect with their frequencies in order to grow spiritually. This easy-to-use, A to Z reference guide contains encyclopedic listings for nearly two hundred animals—wild, domestic, and mythical—and easy techniques and visualizations for building relationships with them, including energetically bonding with your pets. All animals possess a distinctive energy vibration that can connect with yours, allowing you to communicate with them and understand their role in your spiritual development. Praise: "In this reference manual, spirituality coach Alvarez explores the meanings and messages she believes can be found in relationships with animals. Providing encyclopedic information on almost 200 species, Alvarez encourages readers to pay attention to the animals

that appear in their lives and lays out ways to better bond with their pets. The book also features guided meditations and visualizations.—Publishers Weekly "When understanding subtle energy and its effects, we can bridge the gap between our reality and that of the animals. This is where we find the magic. Animal Frequency gives meaning to these experiences."—Dr. Dennis W. Thomas, doctor of veterinary medicine, author of Whole-Pet Healing "Animal Frequency is an important book that you'll read for pleasure, and will refer to for the rest of your life."—Richard Webster, bestselling author of Spirit & Dream Animals
Energy Healing for Animals and Their Owners: An Earth Lodge Guide to Pet Wellness Four Jaguars Press
After the success of Energy Medicine for your Dog, many people asked if it would work for cats. The simple answer is yes, to a degree, some of the more hands-on work in that book will transfer to a friendly,

domesticated cat. However, as every cat owner knows; cats are utterly unique and respond positively to a more gentle, spiritual, physically hands-off yet 'heartfelt' approach - especially those that have gone through trauma and are frightened or stressed. How you as an owner feel influences them greatly. A lot of the techniques benefit from you being grounded and in balance both emotionally and energetically, so I suppose a more accurate title would be 'Energy Medicine for your Cat (and you!)'. I have shared my entire life with cats and I hope that sharing some of what I have learned over those many years, will help you deepen the bond with your cat, ease its pain or suffering, optimise the feline self-healing process if it is ill and provide an effective health maintenance if it is well. I hope that you enjoy the read and truly appreciate that you and your love can be your cat's very best medicine!

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