
Embracing Rough And Tumble Play Teaching With The Body In Mind

The Art of Roughhousing

How Good Intentions and Bad Ideas Are Setting Up a Generation for Failure

Marriage in the Middle

Embracing Midlife Surprises, Challenges, and Joys

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The Coddling of the American Mind

Good Old-Fashioned Horseplay and Why Every Kid Needs It

Teachers' Roles in Children's Play, 2nd Edition

How a Radio Station Defined Politics, Counterculture, and Rock and Roll

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LARSON MCCONNELL

The Art of Roughhousing Redleaf Press
Drawing from evidence-based practice and the latest research, this book explains the multitude of benefits of big body play for young children's social-emotional, cognitive, and physical development. Also learn how to organize the physical environment, set rules and policies, and supervise the play.

How Good Intentions and Bad Ideas Are Setting Up a Generation for Failure Redleaf Press

'Theresa's book is full of lots of inspiring, practical, 'how to go about it ideas' coupled with thought provoking and sometimes challenging comments and views. The range of ideas and information contained in this book will go a long way to support the development of flexible, imaginative, yet not prescriptive play spaces that contribute to supporting children's play. A very

readable and worthwhile publication to add to your resources' - Muriel Young, Grounds for Learning (Learning Through Landscapes) 'This practical book helps the reader plan, design and manage the kinds of settings that afford children the opportunities to carry out the wide range of self-directed activities that are so important to their development. It's ideal for community development workers, the organizers of after-school programs, children's hospital staff and groups of caring parents' - Roger A. Hart, Director of the Children's Environments Research Group, The Graduate School of the City University of New York 'This readable and usable book is full of advice and ideas which will take every professional nearer to understanding the way to provide opportunities for children which

the children themselves would want and enjoy... A necessary addition to the bookshelf for all interested in the subject' - PlayRights Journal (online journal of the International Play Association) 'Refreshing and insightful... One of the best things about this book is that Casey offers us a fresh perspective on our role. While we may long for a world where we opened the door and sent children outside to play, we are faced with the reality that, for a variety of reasons, these opportunities are no longer occurring naturally in our communities. It is incumbent upon us now to recreate these "essential childhood opportunities." This will take intentional, thoughtful, informed design. Casey's book gives us some great starting points. A must read' - PlayRights

Magazine 'I like the attention to individuality, children's perspectives and community. The author brings a strong playwork perspective to considering outdoor spaces, which early years practitioners considering the design of new or refurbished areas should find valuable. It's crucial to free up our thinking about playful spaces, and this book brings a refreshing focus on working from children's motivations for play, using playful values (such as choice, spontaneity, freedom and meaning-making) to drive thinking, being careful not to over-design, and the organic growth of a space into a place through the play that occurs' - Nursery World 'Casey's extensive research and years of practice in award winning play services are very much in evidence in

the various techniques and ideas that she describes in this publication... a great resource for any play setting considering setting up or developing their outdoor play space' - SOSCN News Update 'If you are daunted, but excited, by the challenge of developing your outdoor spaces to meet the needs of all children, this book is an excellent resource' - Early Years Update Exciting spaces to play are vital if we are to provide children with challenging, flexible, inclusive and stimulating opportunities to learn, develop and have fun together. This book provides readers with ideas for developing play environments that will meet the needs of the children in their care. It illustrates how improving the play environment also offers a better, more positive way of

dealing with a number of issues from inclusion to playground management and the need to promote physical activity. It includes: - clear frameworks for designing play environments; - case studies showing examples of how play environments can be developed; - ideas and activities which lead to interesting designs, with the participation of the children; - practical examples, illustrations & photographs; - research evidence showing the importance of good play environments. The book is aimed at practitioners and managers in all early years and children's play settings, and students on education, early childhood, child care and playwork courses. It is also very relevant to playground designers, landscape architects and community education and

development workers.

Marriage in the Middle SAGE

This book is about a tribe of asparagus children. They live in a farming community with many other vegetable families. They have a secret that their pee doesn't smell very good.

Embracing Midlife Surprises, Challenges, and Joys Redleaf Press

Midlife is a season of challenge and change—professionally, relationally, physically, and spiritually. But "midlife" doesn't have to be synonymous with "crisis" within our marriages. With vulnerability and insight, this book will inspire and encourage you to invest in your relationship with your spouse, enabling you both to thrive as you face this era together.

Mama's Gloves Twelve

A collection of essays by scholars from both the United States and Sweden investigate various facets of Swedish life and culture in the Twin Cities.

How Guidance Teaches Young Children Democratic Life Skills One World

New York Times Bestseller • Finalist for the 2018 National Book Critics Circle Award in Nonfiction • A New York Times Notable Book • Bloomberg Best Book of 2018 “Their distinctive contribution to the higher-education debate is to meet safetyism on its own, psychological turf. . . Lukianoff and Haidt tell us that safetyism undermines the freedom of inquiry and speech that are indispensable to universities.”
—Jonathan Marks, Commentary “The remedies the book outlines should be

considered on college campuses, among parents of current and future students, and by anyone longing for a more sane society.” —Pittsburgh Post-Gazette
Something has been going wrong on many college campuses in the last few years. Speakers are shouted down. Students and professors say they are walking on eggshells and are afraid to speak honestly. Rates of anxiety, depression, and suicide are rising—on campus as well as nationally. How did this happen? First Amendment expert Greg Lukianoff and social psychologist Jonathan Haidt show how the new problems on campus have their origins in three terrible ideas that have become increasingly woven into American childhood and education: What doesn’t kill you makes you weaker; always trust

your feelings; and life is a battle between good people and evil people. These three Great Untruths contradict basic psychological principles about well-being and ancient wisdom from many cultures. Embracing these untruths—and the resulting culture of safetyism—interferes with young people’s social, emotional, and intellectual development. It makes it harder for them to become autonomous adults who are able to navigate the bumpy road of life. Lukianoff and Haidt investigate the many social trends that have intersected to promote the spread of these untruths. They explore changes in childhood such as the rise of fearful parenting, the decline of unsupervised, child-directed play, and the new world of social media that has engulfed

teenagers in the last decade. They examine changes on campus, including the corporatization of universities and the emergence of new ideas about identity and justice. They situate the conflicts on campus within the context of America’s rapidly rising political polarization and dysfunction. This is a book for anyone who is confused by what is happening on college campuses today, or has children, or is concerned about the growing inability of Americans to live, work, and cooperate across party lines.

Effective Strategies for Early Childhood Educators Minnesota Historical Society Press

Playing at the water table is fun. But Erik thinks getting splashed is not fun. When his sleeve gets wet, Erik gets sad, and

he can't imagine ever being happy again. Then, with a classmate by his side, Erik becomes absorbed by a new idea: making the water disappear. As it does, Erik discovers his sadness has vanished and happiness has reappeared, like magic. Airdah-taroo! The book contains a page of information to help adults connect the story to children's experiences.

The Coddling of the American Mind

InterVarsity Press

View the culture of childhood through a whole new lens. Identify age-based bias and expand your outlook on and understanding of early childhood as a culture. Examine various elements of childhood culture: language, belief economics, arts, and social structure to understand children's dispositions of

questioning, engagement, and cooperation. Emily Plank specializes in play-based education, diversity and culture in early childhood education, and outdoor learning. In 2011, the Iowa Association for the Education of Young Children identified Emily as one of seven emerging leaders. She earned her bachelor's degree from Pepperdine University. She and her family currently reside in Lausanne, Switzerland.

Good Old-Fashioned Horseplay and Why Every Kid Needs It Simon and Schuster
52% of parents admit they never read to their child. Toddlers watch 4.5 hrs of TV daily. More children are obese, enter school developmentally delayed and need special education. So Sally Goddard Blythe draws on neuroscience to unpack the wisdom of nursery

rhymes, playing traditional games and fairy stories for healthy child development. She explains why movement matters and how games develop children's skills at different stages of development. She offers a starter kit of stories, action games, songs and rhymes.

Teachers' Roles in Children's Play, 2nd Edition Redleaf Press

Offers adaptation of the best-selling exploration of the impact of extreme differences between parents and children.

How a Radio Station Defined Politics, Counterculture, and Rock and Roll
Guilford Press

Everywhere you look, physical play—what some might call “roughhousing”—is being marginalized.

Gym classes are getting shorter. Recess periods are being eliminated. Some new schools don't even have playgrounds. Is it any wonder children retreat to “virtual horseplay” via video games? But Drs. Anthony T. DeBenedet and Lawrence J. Cohen are here to shake things up—literally! With *The Art of Roughhousing*, they show how rough-and-tumble play can nurture close connections, solve behavior problems, boost confidence, and more. Drawing inspiration from gymnastics, martial arts, ballet, traditional sports, and even animal behavior, the authors present dozens of illustrated activities for children and parents to enjoy together—everything from the “Sumo Dead Lift” to the “Rogue Dumbo.” These delightful games are fun, free, and

contain many surprising health benefits for parents. So put down those electronic games and get ready to rumble!

Inspiring 21st-Century Learning Redleaf Press

How Boston radio station WBCN became the hub of the rock-and-roll, antiwar, psychedelic solar system. While San Francisco was celebrating a psychedelic Summer of Love in 1967, Boston stayed buttoned up and battened down. But that changed the following year, when a Harvard Law School graduate student named Ray Riepen founded a radio station that played music that young people, including the hundreds of thousands at Boston-area colleges, actually wanted to hear. WBCN-FM featured album cuts by such artists as the Mothers of Invention, Aretha

Franklin, and Cream, played by announcers who felt free to express their opinions on subjects that ranged from recreational drugs to the war in Vietnam. In this engaging and generously illustrated chronicle, Peabody Award-winning journalist and one-time WBCN announcer Bill Lichtenstein tells the story of how a radio station became part of a revolution in youth culture. At WBCN, creativity and countercultural politics ruled: there were no set playlists; news segments anticipated the satire of *The Daily Show*; on-air interviewees ranged from John and Yoko to Noam Chomsky; a telephone "Listener Line" fielded questions on any subject, day and night. From 1968 to Watergate, Boston's WBCN was the hub of the rock-and-roll, antiwar, psychedelic solar

system. A cornucopia of images in color and black and white includes concert posters, news clippings, photographs of performers in action, and scenes of joyousness on Boston

CommonInterwoven through the narrative are excerpts from interviews with WBCN pioneers, including Charles Laquidara, the “news dissector” Danny Schechter, Marsha Steinberg, and Mitchell Kertzman. Lichtenstein’s documentary WBCN and the American Revolution is available as a DVD sold separately.

How the Body Teaches the Brain to Think (Birth to Age 7) University of Chicago Press

In a world of modern, involved, caring parents, why are so many kids aggressive and cruel? Where is

intelligence hidden in the brain, and why does that matter? Why do cross-racial friendships decrease in schools that are more integrated? If 98% of kids think lying is morally wrong, then why do 98% of kids lie? What's the single most important thing that helps infants learn language? NurtureShock is a groundbreaking collaboration between award-winning science journalists Po Bronson and Ashley Merryman. They argue that when it comes to children, we've mistaken good intentions for good ideas. With impeccable storytelling and razor-sharp analysis, they demonstrate that many of modern society's strategies for nurturing children are in fact backfiring--because key twists in the science have been overlooked. Nothing like a parenting manual, the authors'

work is an insightful exploration of themes and issues that transcend children's (and adults') lives.

The Importance of Fantasy Play

Redleaf Press

Calling All Superheroes highlights the enormous potential of superhero play in supporting learning and development in early childhood. Using examples from practice, it provides guidance on how to effectively manage and implement superhero play and set appropriate boundaries in early years settings and schools. Illustrated with engaging photographs and case studies, the book gives ideas about how superhero play can be used to promote positive values and teach children essential life skills. Offering practical strategies and questions for reflection designed to

facilitate further development, chapters address important topics and challenges such as: Child development, the characteristics of effective learning and the benefits of superhero play, including making sense of right and wrong and increasing moral awareness How to broach difficult themes like death, killing, weapons, aggressive play and gender-related issues Supporting children to recognise everyday heroes and how to find heroic abilities within themselves The role of the adults in managing superhero play, engaging parents and creating effective learning environments Written by a leading expert with 20 years' experience in the early years sector, this book is an essential resource for early years teachers, practitioners and anyone with a key interest in young

children's education and learning.
Immigrant Life and Minnesota's Urban Frontier Tor Books

Play is an important vehicle for learning in the early years. With intentional planning frameworks, this resource provides teachers with tools and strategies to organize and develop curriculum around high-level, purposeful play. Practical application techniques help teachers create a cycle of planning and observation as they use a play-based curriculum to help young children thrive in the classroom. Gaye Gronlund is an early childhood education consultant who trains early childhood educators across the country. She is the author of six books.

**Embracing Rough-And-Tumble Play
Family Companion [25-Pack]**

Teachers College Press

This essential resource is designed to help busy early years practitioners to support the mental health of young children through outdoor play. Promoting social and emotional wellbeing in childhood has never been more important, and outdoor play is a crucial tool to build resilience, develop healthy relationships, and boost self-esteem. Using relatable case studies that demonstrate achievable change, the book is full of practical advice and strategies for exploring nature in both natural and man-made landscapes, and includes guidance on how to co-create inviting play spheres with children. Each chapter provides: Adaptable and cost-effective activities designed to help children feel more confident and

connected to the world around them. Case studies and reflective opportunities to prompt practitioners to consider and develop their own practice. An accessible and engaging format with links to theorists, risk assessment, and individual schemas. Outdoor play allows young children to explore who they are and what they can do. It supports them as they learn to think critically, take risks, and form a true sense of belonging with their peers and with the wider community. This is an indispensable resource for practising and trainee early years practitioners, Reception teachers, and childminders as they facilitate outdoor play in their early years setting.

Big Body Play Redleaf Press
More than 100 movement activities for early elementary children Physical

education is a critical part of every early childhood curriculum. Children need to move to channel their energies in creative, beneficial ways and to learn habits for lifelong health and fitness. Early Elementary Children Moving & Learning provides more than 100 developmentally appropriate activities that contribute to a well-rounded curriculum in any classroom or program. The book contains An updated introduction reflecting new research and trends in early childhood health and fitness and information on how movement benefits children's learning and development More than 100 activities that fall under five categories: openers and closers, basic movement, cooperative activities, educational gymnastics, and rhythm and dance

Extension ideas and adaptations to use with children who have special needs
 Curriculum connections for each activity and explanations about how activities are aligned with and meet early learning standards from NAEYC and AAHPERD
 Original music to add joy and energy to the activities

Education for a Civil Society MIT Press

Loose parts are natural or synthetic found, bought, or upcycled materials—acorns, hardware, stones, aluminum foil, fabric scraps, for example—that children can move, manipulate, control, and change within their play. Loose parts capture children's curiosity, give free rein to their imagination, and encourage creativity. In the newest installment of the wildly

popular, award-winning Loose Parts series, Lisa Daly and Miriam Beloglovsky focus on including families and competency building. With inspiring full-color photographs Loose Parts 4 is organized around competencies and life skills children need for success in the future: knowingness, engagement, risk, connections, leadership, innovative thinking, and creativity. Lisa and Miriam explain the value of loose parts, detail how to integrate loose parts into the environment and children's play, and specifically focus on loose parts for children in family environments—helping educators engage families and extend learning beyond the classroom.

WBCN and the American Revolution
 National Association for the Education of Young Children

Bree doesn't know anyone who likes to dig as much as she does. What's more, Bree doesn't know anyone who likes worms as much as she does. So Bree digs alone, until one day a classmate joins her. Together, the two unearth something even better than worms—a new friendship. The book contains a page of information to help adults connect the story to children's experiences.

Practical Ideas to Promote Children's Wellbeing in the Early Years Embracing Rough-And-Tumble Play Teaching with the Body in Mind The step-by-step guidance and encouragement teachers need to support big body movement in the early childhood classroom. Embracing Rough-and-Tumble Play Teaching with the Body in Mind

Physical play is vital to young children's development. This practical, hands-on resource encourages you to incorporate boisterous physical play into every day and offers concrete advice on how to create spaces for safe play, how to effectively work big body movement into children's daily schedule, and how to use physical play to make teaching practice more dynamic and effective. Learn about the importance of big body play for social and emotional development throughout life Discover how to communicate about safe and intentional rough and tumble play with children and families Incorporate big body play into all areas of the child care program while maintaining boundaries and teaching self-regulation Use the family companion (sold separately) to educate families on

the importance of rough and tumble play for all children Mike Huber, MAEd, has been an early childhood teacher since 1992 and currently teaches at Seward Child Care Center in Minneapolis, Minnesota. He has also worked as a trainer and consultant for the Minnesota Department of Education, the Child Care

Resource and Referral Network, and MnAEYC. Huber has authored six picture books including *The Amazing Erik*, winner of the 2015 Learning magazine Teacher's Choice Award. He presents nationally on the topic of rough and tumble play.

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