
The Infertility Cure The Ancient Chinese Wellness Program For Getting Pregnant And Having Healthy Babies

Infertility Wonder

Mädchen im Altertum / Girls in Antiquity

Infertility in Early Modern England

Laboratory Medicine/urinalysis and Medical
Microscopy

Infertility in Medieval and Early Modern Europe

Curing Infertility with Ancient Chinese Medicine

Herophilus: The Art of Medicine in Early
Alexandria

Maternity and Women's Health Care E-Book

Society for Ancient Medicine Review

The British National Bibliography

Curing Infertility

Acupuncture for IVF and Assisted Reproduction -
E-Book

The Infertility Cure

Infertility Miracle

Yoga as Medicine
Yoga Journal
The Infertility Cure
The Infertility Trap
Aphrodisiacs, Fertility and Medicine in Early
Modern England
Ancient Herbs, Modern Medicine
Infertility
Fertilitätsstörungen behandeln mit chinesischer
Medizin
The Infertility Cure
Chinese Medicine in Fertility Disorders
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Infertility Wonder
Cambridge University
Press

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Mädchen im Alttertum /
Girls in Antiquity

Pandora Press

The best of Eastern
and Western medicine
in an integrative
healing system for the
mind, body, and spirit.
Now, for the first time,
a Western physician
and a doctor of
Oriental medicine

combine the
unparalleled
technological advances
of the West with the
unmatched wisdom
and healing touch
Chinese herbal
medicine provides for
many diseases and
conditions that elude
modern medicine.

Ancient Herbs, Modern
Medicine demonstrates
the many important,
highly effective ways
Chinese medicine and
Western medicine can
complement each
other in treating
everything from
allergies and insomnia
to mental illness and
cancer. This accessible,
comprehensive guide
offers many
informative and
enlightening case
studies and up-to-the-
minute information on:

- How integrative
medicine combines the
best of Western

pharmacology and Eastern herbology • How integrative medicine helps fight the diseases and illnesses of our time, including allergies, asthma, and chronic fatigue syndrome, and eases and even reverses symptoms of arthritis, diabetes, depression, osteoporosis, AIDS, heart disease, and cancer--often without side effects • How Chinese medicine can help you recognize signs before an illness becomes a crisis • The importance of Western techniques in diagnosing serious diseases • Why Chinese medicine offers the most effective treatment for many chronic/recurrent illnesses • Restoring essential balance to the Five Energetic

Systems--the Heart, Lung, Spleen, Liver, and Kidney Energies • The Eight Strategies of Herbal Therapy--how herbs work in your body Plus illuminating discussions of the basic principles of Chinese medicine, as well as food remedy recipes, diagrams, glossaries of medical terms and herbs, resource listings, and much more to help you tailor an integrative health regimen that is right for you.

Infertility in Early Modern England
Bantam

NEW! Enhanced focus on prioritization of care in clinical reasoning case studies and nursing care plans is consistent with NCLEX® updates.
NEW! Recognition of the importance of interprofessional care

covers the roles of the various members of the interprofessional healthcare team. UPDATED! Content on many high-risk conditions updated to reflect newly published guidelines. NEW! Information about the Zika virus gives you the most current practice guidelines to help you provide quality care. NEW! Coverage of future trends in contraception help increase your awareness of developing ideas in pregnancy prevention. Content on gestational diabetes and breast cancer screening cover newly published guidelines. NEW! Added content on human trafficking provides you with examples and ideas on how to counsel victims and their families.

Laboratory Medicine/urinalysis and Medical Microscopy
Attilio D'Alberto
This book examines discourses around infertility and views of childlessness in medieval and early modern Europe. Whereas in our own time reproductive behaviour is regulated by demographic policy in the interest of upholding the intergenerational contract, premodern rulers strove to secure the succession to their thrones and preserve family heritage. Regardless of status, infertility could have drastic consequences, above all for women, and lead to social discrimination, expulsion, and divorce. Rather than outlining a history of discrimination against

or the suffering of infertile couples, this book explores the mechanisms used to justify the unequal treatment of persons without children. Exploring views on childlessness across theology, medicine, law, demonology, and ethics, it undertakes a comprehensive examination of 'fertility' as an identity category from the perspective of new approaches in gender and intersectionality research. Shedding light on how premodern views have shaped understandings our own time, this book is highly relevant interest to students and scholars interested in discourses around infertility across history.

Infertility in Medieval and Early

Modern Europe

CreateSpace
 Therapieoptionen der westlichen Medizin, Wechselwirkungen und Kombinationsmöglichkeiten mit Behandlungsmethoden der chinesischen Medizin Begleitende Maßnahmen der TCM in den ersten Stadien der Schwangerschaft und Prävention von Fehlgeburten Hinweise für adäquate Lebensführung, einschließlich Ernährung und Lebensstil, zur Vorbereitung auf eine Schwangerschaft
Curing Infertility with Ancient Chinese Medicine CreateSpace
 Herophilus, a contemporary of Euclid, practiced medicine in Alexandria in the third century B.C., and seems to have been the first

Western scientist to dissect the human body. He made especially impressive contributions to many branches of anatomy. Von Staden assembles the fragmentary evidence concerning one of the more important scientists of ancient Greece. Herophilus: The Art of Medicine in Early Alexandria MVG Verlag Written by world-renowned author and teacher Giovanni Maciocia, *Diagnosis in Chinese Medicine, 2nd Edition* is a comprehensive, highly illustrated, and easy-to-understand resource. With a focus on clear interpretations of "real world" signs and symptoms, this new edition addresses the practice beyond the theory and leads you through both basic

and sophisticated levels of diagnostic interpretation. Since Chinese medicine diagnosis relies on a subtle appraisal of a patient's disharmony, many factors beyond traditional Western symptoms are considered, including a patient's voice, the absence of thirst, feeling hot or cold, the patient's smell, tone of voice, and glitter of eyes. This practical resource helps students and practitioners alike carefully interpret a wide range of diagnostic nuances. One-of-a-kind text gives you a clinical understanding of Traditional Chinese Medicine. Rich, unique content offers an unparalleled depth of information that is meticulously cross-

referenced. Includes all the signs and symptoms that a modern patient may present in the clinic, no matter how subtle. Outlines the decision-making options in key situations to help you through the most challenging topics. Case histories with diagnoses present common conditions that professionals will often find in practice. Logically organized to help you quickly find the information you need in clinical situations. Written by a leader in the field of Chinese medicine provides you with an expert's clinical experience and understanding. NEW! Clinical and Treatments notes provide practical information on acupuncture -

including herbal treatment, when appropriate - for most symptoms and signs, giving the book a clinical application in therapy. NEW! UPDATED full-color design and color photographs depict external clinical signs for more accurate clinical recognition. NEW! Learning outcomes summarize the basics that you should know after completing a chapter. NEW! Thoroughly updated content from an expert author clarifies the best practices for diagnosis in Traditional Chinese Medicine. *Maternity and Women's Health Care E-Book* Springer In *The Infertility Cure*, Dr. Lewis outlines her simple guidelines involving diet, herbs,

and acupressure so that you can make use of her experience and expertise to create a nurturing, welcoming environment for a healthy baby. Dr. Randine Lewis offers you a natural way to support your efforts to get pregnant. The Infertility Cure addresses: Advanced maternal age Recurrent miscarriage Immunological fertility problems Male-factor infertility Hormonal imbalances and associated conditions Anovulation, luteal phase defect, amenorrhea, unexplained infertility Endometriosis, polycystic ovaries, tubal obstruction, uterine fibroids Improving the outcome of assisted reproductive techniques The

Infertility Cure opens the door to new ideas about treating infertility that will dramatically increase your odds of getting pregnant -- the natural way.

Society for Ancient Medicine Review

Elsevier Health Sciences

The Infertility Cure is a book focusing on the Acupressure and Acupuncture management of the Infertility.

The British National Bibliography Elsevier Health Sciences

The medicine of the ancient Egyptians is some of the oldest documented. From the beginnings of the civilization in the late fourth millennium BC until the Persian invasion of 525 BC, Egyptian medical practice went largely

unchanged but was highly advanced for its time, including simple non-invasive surgery, setting of bones, dentistry, and an extensive set of pharmacopoeia. Egyptian medical thought influenced later traditions, including the Greeks. Until the 19th century, the main sources of information about ancient Egyptian medicine were writings from later in antiquity. The Greek historian Herodotus visited Egypt around 440 BC and wrote extensively of his observations of their medicinal practice. Pliny the Elder also wrote favourably of them in historical review. Hippocrates (the "father of medicine"), Herophilos, Erasistratus and later

Galen studied at the temple of Amenhotep, and acknowledged the contribution of ancient Egyptian medicine to Greek medicine.

Curing Infertility

Simon and Schuster
Mein

Fruchtbarkeitsratgeber stützt sich auf die neuesten wissenschaftlichen Erkenntnisse aus über 350 Forschungsstudien. Dieser Selbsthilferatgeber kombiniert moderne, fakten-basierte Forschungsergebnisse mit Theorien der traditionellen chinesischen Medizin und erklärt den Vorgang der natürlichen Befruchtung aussagekräftig und genau. Dieses Buch enthält viele detaillierte

Informationen, mit denen Sie Ihre Chance, schwanger zu werden, deutlich verbessern können. Wenn Sie meine Ratschläge befolgen, können auch Sie auf natürliche Weise ein Kind bekommen, wie Tausende von Paaren, die ich behandelt habe. Meine Erfahrung in der Behandlung verschiedener Arten von Unfruchtbarkeit, hat mir gelehrt, dass die Betroffenen oftmals viel detailliertere Informationen benötigen, als sie in herkömmlichen Büchern zum Thema Fruchtbarkeit finden können. Ich habe deshalb versucht, so viele Informationen wie möglich in meinen Ratgeber aufzunehmen und diese auf prägnante und leicht verständliche Weise zu

vermitteln. Mein Fruchtbarkeitsratgeber erläutert den Menstruationszyklus und erklärt, wann der Eisprung stattfindet, wie sich die fruchtbarsten Tage bestimmen lassen und wann der günstigste Moment für eine Befruchtung ist. Er befasst sich auch mit den verschiedenen Ursachen für männliche und weibliche Unfruchtbarkeit, beispielsweise hervorgerufen durch Chemikalien in der Umwelt, Nahrungsmittel, Kosmetik oder Haushaltsprodukte, Umweltverschmutzung, Plastik, Schwermetalle, Arzneimittel oder elektromagnetische Wellen (EMWs), und zeigt Möglichkeiten auf, wie diese beseitigt

werden können. Basierend auf den neuesten Forschungsergebnissen und bewährten Theorien der traditionellen chinesischen Medizin, gibt das Buch detaillierte Anweisungen zur Optimierung Ihres Lebensstils, besonders zu Themen wie Sport, Arbeit und Schlaf, Kleidung und Schuhe sowie Nutzung von Badewanne oder Dusche. Es erläutert das Prinzip körperlicher Ungleichgewichte der chinesischen Medizin und erklärt, wie Sie Ihre eigenen erkennen und ausgleichen können, um Ihre Fruchtbarkeit zu erhöhen. Der Ratgeber enthält Ernährungspläne für die Phasen vor und nach dem Eisprung zur

Erhöhung des Hormonspiegels (Körner-Kur) und der Chancen auf eine Befruchtung. Außerdem werden viele weitere auf Forschungsergebnissen basierende Tipps gegeben, wie sowohl die männliche als auch die weibliche Fruchtbarkeit gesteigert, der Hormonspiegel reguliert und die Qualität von Eizellen und Spermien verbessert werden kann, um das Fruchtbarkeitspotential zu erhöhen. Basierend auf den jüngsten wissenschaftlichen Erkenntnissen, erklärt Mein Fruchtbarkeitsratgeber wie Fruchtbarkeitsprobleme, z.B. ein unregelmäßiger Menstruationszyklus,

ungeklärte Unfruchtbarkeit, schwankende FSH-Werte, schlechte Eizellqualität (niedrige AMH-Werte), Endometriose, PCOS oder schlechte Morphologie und Beweglichkeit von Spermien behandelt werden. Unter Bezugnahme auf Forschungsberichte über die positiven Effekte von Akupunktur und der chinesischen Kräutermedizin, werden Tipps zur Unterstützung der natürlichen Befruchtung gegeben. Darüber hinaus wird auf westliche Behandlungsmethoden von Fruchtbarkeitsproblemen, wie beispielsweise mit Clomid (Clomifen) oder durch intra-uterine Insemination (IUI), eingegangen. Dr

(TCM) Attilio D'Alberto behandelt seit 2004 unfruchtbare Paare, angefangen bei solchen mit einfachen bis hin zu solchen mit komplexen Fruchtbarkeitsproblemen. Sein breites Wissen in diesem Bereich gibt er in seinem Buch Mein Fruchtbarkeitsratgeber weiter. Dieses Buch bietet einen reichen Fundus an Informationen, die für alle Paare mit Kinderwunsch von großem Nutzen sind. Als Taschenbuch, Kindle-Inhalt und Hörbuch erhältlich. Auch in französischer und deutscher Übersetzung erhältlich. „Mein Mann und ich haben sechs Jahre lang versucht, ein Kind zu bekommen... Wir haben mit Akupunktur begonnen und unsere Ernährung

umgestellt... Zu meiner Überraschung habe ich dann nach sechs Wochen festgestellt, dass ich schwanger war.“ - Dr (TCM) Attilio D'Alberto - Bachelor of Medicine (Peking), BSc (Hons) TCM
Acupuncture for IVF and Assisted Reproduction - E-Book
 Springer Nature
 This book explores the experiences of people who struggled with fertility problems in sixteenth and seventeenth-century England. Motherhood was central to early modern women's identity and was even seen as their path to salvation. To a lesser extent, fatherhood played an important role in constructing proper masculinity. When childbearing failed this was seen not only as a medical

problem but as a personal emotional crisis. *Infertility in Early Modern England* highlights the experiences of early modern infertile couples: their desire for children, the social stigmas they faced, and the ways that social structures and religious beliefs gave meaning to infertility. It also describes the methods of treating fertility problems, from home-remedies to water cures. Offering a multi-faceted view, the book demonstrates the centrality of religion to every aspect of early modern infertility, from understanding to treatment. It also highlights the ways in which infertility unsettled the social order by placing into question the gendered categories of femininity

and masculinity.
The Infertility Cure
Elsevier Health
Sciences
Mädchen - weibliche
Individuen vor dem
sozial, juristisch,
biologisch etc.
definierten Übergang
zur 'Frau' - wurden in
der
altertumswissenschaftli
chen Forschung bisher
eher selten
thematisiert. Diese
Lücke schließt der
vorliegende Band. Mit
26 Beiträgen in
englischer und
deutscher Sprache
bietet er einen
Überblick über den
internationalen
Forschungsstand: Von
theoretischen
Überlegungen zu den
Nachweismöglichkeiten
von 'Mädchen' in der
prähistorischen
Forschung über
zusammenfassende
Darstellungen des

gegenwärtigen
Wissensstandes zu
Mädchen im Alten
Orient, in Ägypten und
in der Ägäischen
Bronzezeit zu
Spezialstudien über
bestimmte Aspekte des
Mädchen-Seins in
Griechenland und Rom,
bis hin zur christlichen
Spätantike und den
frühmittelalterlichen
Gesellschaften.
'Mädchen im Altertum /
Girls in Antiquity' ist
die um einige Beiträge
erweiterte Publikation
einer internationalen
Tagung gleichen Titels,
die 2010 in Berlin von
'FemArc - Netzwerk
archäologisch
arbeitender Frauen' in
Kooperation mit dem
Deutschen
Archäologischen
Institut veranstaltet
worden war. Mit
Beiträgen von Claudia-
Maria Behling, Katrin
Bernhardt, Olympia

Bobou, Susanne
 Brather-Walter,
 Stephanie L. Budin,
 Eve D'Ambra, Peter
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 Fischer, Caitlin C.
 Gillespie, Jochen
 Griesbach, Ute Günkel-
 Maschek, Doris
 Gutsmedl-Schümann,
 Kerstin P. Hofmann,
 Kathrin Kleibl, Julia K.
 Koch, Claudia Merthen,
 Marion Meyer, Cecilia
 Nobili, Viktoria
 Räuchle, Kathrin
 Schade, Günther
 Schörner, Michaela
 Stark, Wolf-Rüdiger
 Teegen, Helga Vogel,
 Manuella Wangert,
 Anne Weis.
 Lulu.com
 Dear Friend, Are you
 struggling to get
 pregnant? Are you
 frustrated, or feeling
 angry for not being
 able to conceive
 despite all your efforts?
 If you answered yes,
 then let me tell you

that I know exactly
 how you feel, because I
 personally had gone
 through the same
 experience years ago. I
 have battled with my
 so called infertility for
 more than a decade
 until I have finally
 found a cure, got
 pregnant twice and
 now am a proud
 mother of two beautiful
 healthy children.
 You're about to
 discover what might be
 the most powerful
 Infertility Cure System
 ever developed. It's the
 same system
 thousands of women,
 just like you, used to
 permanently reverse
 their infertility, get
 pregnant quickly and
 give birth to healthy
 children. My name is
 Oprah and over the
 past 16 years, through
 a long process of trial,
 error and
 experimentation, I

have developed a sure-fire, 100% guaranteed, clinically researched system that is backed by 40,000+ hours of alternative medicine expertise with holistic and traditional medicine research for getting pregnant quickly and naturally. This is a very rare, highly unique and potently powerful Infertility healing system, which very few women even know exists... If you would like to learn how to reverse infertility and get pregnant quickly and safely... without drugs, without risky surgery, without any typical Infertility treatments, and without any side effects, then this will be the most important letter you will ever read. I guarantee it and I've got the results to

prove it! 'Infertility' Affects One Out Of Six Couples Today. Oprah Presents A Groundbreaking Alternative Approach To Infertility, Explaining How She Used Traditional Ancient Natural Medicine To Treat Her Own Infertility, Successfully Conceiving And Giving Birth To Two Children! "Infertility Wonder" Is A Sure-Fire, Unique And Easy To Follow Plan To Cure Infertility Using Both Modern As Well As Ancient Techniques - A Natural & Traditional Ancient System For Getting Pregnant And Having Healthy Babies! Infertility Miracle Hachette UK Viele Frauen sind unglücklich mit einer hormonellen Empfängnisverhütung,

kennen aber keine zuverlässige Alternative. Andere versuchen vergeblich, ein Baby zu bekommen und wollen ihre Fruchtbarkeit erhöhen. Wieder andere haben seltsame Symptome oder Schmerzen während ihres Zyklus. Ihnen allen bietet dieses Standardwerk zum Thema Fruchtbarkeit umfassende Informationen und Hilfe. Es beantwortet alle Fragen und liefert ein tiefes Verständnis für den weiblichen Körper. Bereits Hunderttausende Frauen haben mit Toni Weschlers Bewusster Fruchtbarkeitsmethode (BFM) erfolgreich auf natürliche Weise verhütet oder ihre Chancen auf eine Schwangerschaft maximiert. Diese

Methode nimmt nur wenige Minuten am Tag in Anspruch und liefert einen kompletten Überblick über den Zeitpunkt des individuellen Eisprungs und der fruchtbaren Tage einer Frau. Zudem bietet Weschler Tipps bei Endometriose oder Eierstockzysten, und zeigt, wie man auf natürlichem Wege seinen Hormonhaushalt ausbalanciert und seine Fruchtbarkeit auf lange Zeit erhält. Ergänzend zu den Informationen liefert sie eine Reihe Mustervorlagen für Tabellen zur Empfängnisverhütung, Kinderwunsch oder Menopause. Yoga as Medicine Cambridge University Press
There are plenty of scientific and medical

technologies in the world today available to a woman/couples as they seek to become pregnant. There is also a lot of science on the subject of fertility, and treating infertility. Before science, fertility drugs, and in vitro fertilization, women turned to ancient and traditional wisdom to help make their dreams of motherhood come true. The concepts presented in this book derive from traditional European, American and Asian metaphysical and folk lore. While they should not be understood as directions, recommendations, or prescriptions of any kind, they provide a completely fascinating overview of the ways our ancestors went about increasing the likelihood of becoming

pregnant (and excellent tips for the modern couple seeking to become pregnant)! Many ancient secrets from a variety of cultures around the world are included in the book, among them: traditional symbols, colors, herbs, and foods. Obviously, these are traditions, symbols and methods that worked for the women of the past, our grandmothers, great grandmothers, great-great grandmothers, and the mothers before. These fertility symbols are a part of our history, They are part of our own culture and part of the myth and folklore of other cultures. Fertility wisdom exists in our ancestral memory, in the very cells that make up our bodies. The symbols are

powerful, magical, like a sacred prayer to the heavens. They have worked for generations, and they can work for you, too! Author Donna Stellhorn doesn't claim to be a Medical Doctor or Scientist, she's a successful Astrologer and Feng Shui expert with more than 20 years experience as a consulting professional, and many more years of study and practice leading into her profession. Her book offers readers an opportunity to have access to the unique blend of techniques she uses to help identify the steps you can take to improve fertility energy in your life. Over the years of helping clients using Astrology to find the right time, and offering insight into the

traditions of the past including the techniques of Feng Shui, Donna has helped countless women from around the world fulfill their dreams. She says, "This book contains some of what I have learned over the years working with countless women, offering encouragement, and sharing fertility folklore from around the world. I have listened to the experiences and stories of others, seeking to help them however I can with their desire to get pregnant. I feel through this work, and through them, I have in some small way helped to welcome many children into the world."

Yoga Journal Simon and Schuster

This book argues that

aphrodisiacs were used not simply for sexual pleasure, but, more importantly, to enhance fertility and reproductive success; and that at that time sexual desire and pleasure were felt to be far more intimately connected to conception and fertility than is the case today. *The Infertility Cure* Elsevier, Urban&Fischer Verlag
A user-friendly guidebook for anyone interested in enhancing health and wellness, Integrated Healthcare Remedies for Everyday Life marries modern medical knowledge with a cross-cultural understanding of health and healing. The authors are a family of modern physicians who share a passion for the rapidly growing field of holistic and integrative

health. Representing both Western diagnostics and complementary medicine, this reference offers practical guidance on incorporating simple remedies and therapies into everyday life. Detailed preparation instructions facilitate the use of Chinese, Indian, and Western natural remedies. Therapies from multiple Asian and Western medical systems are presented side by side to act as both a one-stop treatment guide and comparative reference. Body system organization provides comprehensive coverage of both common and complex diseases and disorders. Expert author team is a family of modern

physicians who share a passion for the rapidly growing field of holistic and integrative health. An eBook version is included with print purchase. The eBook allows students to access all of the text, figures, and references, with the ability to search, customize content, make notes and highlights, and have content read aloud.

The Infertility Trap

Waxmann Verlag

The management of infertility using acupuncture is an expanding area of practice and one which is frequently rewarding for TCM acupuncture practitioners.

Acupuncture for IVF and Assisted

Reproduction has been specially prepared to meet the growing demand for

information in this area and draws upon 20 years combined experience of the authors together with the latest evidence from both orthodox medicine and TCM. Richly illustrated and clearly written throughout, the book takes the reader through the anatomy and physiology of reproductive medicine (from both an orthodox and TCM perspective) and explains the underlying basis of orthodox medical fertility tests and investigations. The volume then explores the pathology and aetiology of TCM syndromes and shows how common fertility-related conditions, such as endometriosis and male factor infertility, affect Assisted Reproductive

Technology (ART) success rates. It explains in great detail how to take a reproductive medical history and successfully diagnose TCM syndromes. Acupuncture for IVF and Assisted Reproduction also provides guidelines on how to regulate the menstrual cycle in preparation for IVF treatment and shows how lifestyle can affect fertility and ART success rates. Placing a strong emphasis on the practical aspects of patient care, Acupuncture for IVF and Assisted Reproduction contains an abundance of case history templates, algorithmic acupuncture treatment pathways and patient fact sheets and will be ideal for all

acupuncture practitioners working in this field. "A must have for the bookshelf of any acupuncturist who is ever called upon to treat fertility issues - if you have room for one book this surely must be it." Reviewed by The Acupuncture Fertility Centre March 2015 "Practitioners of all levels of experience and TCM students should find it compelling reading and an invaluable companion to their learning." Reviewed by Stephen Clarke, Journal of the Australian Traditional Medicine Society May 2015 "This book is extremely well re-searched and referenced." Reviewed by Danny Maxwell on behalf of Journal of Chinese Medicine, February 2015 [Aphrodisiacs, Fertility](#)

and Medicine in Early
Modern England

CreateSpace

Being fertile and fruitful can mean giving birth to a child -- but to have a fertile soul means to give birth to the true self a woman wants to be: to live a life filled with passion, strength, joy, and adventure. In *The Way of the Fertile Soul*, Dr. Randine Lewis outlines ten ancient Chinese medical and Taoist "secrets" that hold the little-known key to successfully conceiving babies, new dreams, and a fulfilling life for women at any phase in their lives.

The Way of the Fertile Soul encourages women to strive toward health, abundance, and a fruitful, joyous approach to life. By using diagnostic questionnaires, qi gong exercises, and guided meditations to help the reader understand how the elements of nature express themselves in her body, mind, and spirit, *The Way of the Fertile Soul* provides the tools to greatly increase a woman's chance of conceiving, identify imbalances, reduce stress, increase energy, and uncover her intrinsic creativity and express it fully.

Related with *The Infertility Cure The Ancient Chinese Wellness Program For Getting Pregnant And Having Healthy Babies*:

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