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Black Belt Tuttle Publishing

The oldest and most respected martial arts title in the industry, this popular monthly magazine addresses the needs of martial artists of all levels by providing them with information about every style of self-defense in the world - including techniques and strategies. In addition, Black Belt produces and markets over 75 martial arts-oriented books and videos including many about the works of Bruce Lee, the best-known marital arts figure in the world.

Films of Fury Martial Arts For Dummies

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world.

Black Belt Open Road Media

Martial Arts For Dummies John Wiley & Sons

Desperate Alliances ISD LLC

Master the wooden weapons used in Aikido with this comprehensive martial arts training manual. Although aikido is often thought of as a nonviolent, noncompetitive martial art, the use of weapons was introduced by the art's founder O'Sensei Morihei Ueshiba. In fact, aikido techniques that use wooden weapons can enrich all aspects of your practice, helping you to understand both basic and advanced aikido technical tactics as well as conceptual strategies and skills. Building on the authors' belief that no empty-hand system is complete without weapons training, *Aikido Weapons Techniques: The Wooden Sword, Stick, and Knife of Aikido* demonstrates weapon use both as a training tool to better illustrate aikido principles, and as a self-defense against weapon attacks, focusing on the three primary weapons used in aikido: Ken—the wooden sword Jo—the wooden staff Tanto—the wooden knife A complete discussion of each weapon is included, with descriptions of the stances, grips, techniques, forms, defenses, and training appropriate for each. With over 200

step-by-step photographs and detailed instructions, this aikido book provides an in-depth exploration of weapons use in aikido—from its spiritual implications to technical theory and practical use.

The Book of Five Rings (Annotated) Solaris

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Mixed Martial Art of the Samurai Solaris

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Esoteric Power Training within Japanese Martial Traditions

Tuttle Publishing

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Black Belt John Wiley & Sons

Fair Isle was once legendary among the lands, a place of wealth, elegance and culture. Now it lies blackened and despoiled, its barbarian Ghebite conquerors trampling places that, for centuries, had known only peace and beauty. Imoshen, one of the last of the T'En - legendary for their magical powers and their

ethereal grace - carries the Ghebite General Tulkhan's child, but she must still battle to defend both her position in his new kingdom and her people's lives and futures. Tulkhan himself, bewitched both by her fierceness and her country's ancient heritage, fears and resents her even as he grows to love her. And something else threatens Imoshen's safety in this new world. For there is one other living T'En - Reothe, a prince of her people, and once her betrothed - who means to reclaim his country and his throne once more; and Imoshen besides...

The Wooden Sword, Stick, and Knife of Aikido Eirini Press

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Secrets of the Samurai

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Sorne, the estranged son of a King on the verge of madness, is being raised as a weapon to wield against the mystical Wyrds. Half a continent away, his father is planning to lay siege to the Celestial City, the home of the T'En, whose wyrd blood the mundane population have come to despise. Within the City, Imoshen, the only mystic to be raised by men, is desperately trying to hold her people together. A generations long feud between the men of the Brotherhoods and the women of the sacred Sisterhoods is about to come to a head. With war without and war within, can an entire race survive the hatred of a nation?

Rowena Cory Daniells, the creator of the bestselling Chronicles of King Rolen's Kin, brings you a stunning new fantasy epic, steeped in magic and forged in war.

Besieged

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Fair Isle has found a new ruler, and a new way of life. Tulkhan, the Ghebite General, has long severed ties with his brother the King, and is forging a new country, bringing the best of his people - their ferocity, courage and passion - and the people he has conquered - their culture, sophistication and egalitarianism - together in a nation that will change the world. His bond-partner - never a Ghebite "wife" - Imoshen, last of the pure-blood T'En women, with her wine-dark eyes and silver hair, rules by his side. What began as a political alliance has blossomed into love, for one another and their newborn son. But even as differences still cause trouble between the Ghebites and the people of Fair Isle,

Imoshen's past tears her in half. For Reothe, once her betrothed, once so great a threat to them and now crippled by her powers, still seeks to draw her away. And the lure of the mind-touch - the magical intimacy that she and Tulkhan can never share - is one she cannot ignore...

Black Belt

Secrets of the Samurai is the definitive study of the martial arts of feudal Japan, explaining in detail the weapons, techniques, strategies, and principles of combat that made the Japanese warrior a formidable foe. The work begins with a panoramic survey of the tumultuous early struggles of warlords contending for political ascendancy and then outlines the relentless progression of the military class toward absolute power. In addition to illustrating actual methods of combat, the authors discuss in detail the crucial training necessary to develop a warrior's inner power and to concentrate all his energies into a single force. Secrets of the Samurai is an essential text for anyone with an interest in Japanese combat techniques, weaponry, or military history. This edition also contains a new foreword by Adele Westbrook and numerous previously unpublished illustrations by Oscar Ratti. Chapters include: The Bushi The Heimin The Centers of Martial Instruction Armed Bujutsu Unarmed Bujutsu Control and Power Strategic Principles Morality of Bujutsu

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