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Army Physical Fitness Test Scorecard

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Army Physical Fitness Test Scorecard

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BODY FAT CONTENT WORKSHEET (Male)

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705 May 2010 DA FORM 705, MAY 2010

LEGEND: BODY COMPOSITION EVENT

TIME lbs % GO / NO-GO TEST TWO TEST

THREE TEST FOUR Army Physical Fitness

Test Scorecard For use of this form, see

FM 7-22; the proponent agency is

TRADOC. GENDER UNIT APD PE v1.00ES

WEIGHT: DATE GRADE AGE HEIGHT (IN

INCHES) BODY FAT: GO / NO-GO PU RAW

SCORE INITIALS POINTS SU RAW SCORE

...Army Physical Fitness Test

Scorecard DA FORM 705, MAY 2010

LEGEND: APD PE v1.00ES. Scoring

standards are used to convert raw

scores to point scores after test events

are completed. Male point scores are

indicated by the M at the top and bottom of the shaded column. Female point scores are indicated by the F at the top and bottom of the unshaded column. Army Physical Fitness Test Scorecard Local Form 705-ACFT, October 2018 - This is a fillable Army Combat Fitness Test (ACFT) Scorecard based on the Phase 1 IOC sample form. For additional information please see our ACFT Resources. FM 7-22 - Army Physical Readiness Training (October 2012). This manual supersedes the older TC 3-22.20 and FM 21-20. DA 705 (May 2010) in PDF format. Additional Resources - Army Physical Fitness Test (APFT ... Free Download of Da Form 705 Document available in PDF format! Use these Free Templates or Examples to create the Perfect Professional Document or Project! ... DA FORM 705, MAY 2010. PREVIOUS EDITIONS ARE OBSOLETE.

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2mr raw score initials points alternate aerobic event go no-go total points ncoic/oic signature comments special instruction: use ink pu - push ups ... **da form 705 apft score card, fillable da form 705, da 705 ...**

This form - often incorrectly referred to as the DD Form 705 - was revised by the Department of Defense (DoD) in May 2010. The latest version can be digitally filed or downloaded by clicking the link below or can be obtained through the United States Army Publishing Directorate website.

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DA FORM 705, MAY 2010 LEGEND: APD PE v1.00ES. Scoring standards are used to convert raw scores to point scores after test events are completed. Male point scores are indicated by the M at the top and bottom of the shaded column. Female point scores are indicated by the F at the top and bottom of the unshaded column.

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DA FORM 705, MAY 2010 LEGEND: BODY COMPOSITION EVENT TIME lbs % GO / NO-GO TEST TWO TEST THREE TEST FOUR Army Physical Fitness Test Scorecard For use of this form, see FM 7-22; the proponent agency is TRADOC. GENDER UNIT APD PE v1.00ES WEIGHT: DATE GRADE AGE HEIGHT (IN INCHES) BODY FAT: GO / NO-GO PU RAW SCORE

INITIALS POINTS SU RAW SCORE ...

**BODY FAT CONTENT WORKSHEET (Male)**

Army Physical Fitness Test (APFT) 20 August 2010 TC 3-22.20 A-3 When test personnel required to administer the APFT are limited, the OIC/NCOIC may perform the duties of an event demonstrator and/or back-up timer. Reports results of test. A-11. The event supervisors are responsible for administration of test events.

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socS7b2LjnO6t2QCSebzrLUy18qV3 ...

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