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Soccer Modern Tactics

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YATES LANEY

The Barcelona Inheritance Human Kinetics

The game of soccer is perpetually in a constant state of change; as new tactical trends appear each and every season. Some of the changes are adaptations and variations from the past, while others are completely original. If we roll back the clock to the first international friendly match ever played in 1872, you would have witnessed England playing a 1-2-7 formation, against the Scottish 2-2-6. Soccer's early formations were built with few players in the back and many up top. Fast forward to the 1920's and things began to change, this is when the 3-2-2-3 W-M formation made its debut, introduced by Herbert Chapman at Arsenal. Then jump ahead to the 1966 World Cup, as England played the first diamond 4-4-2 formation. Change continued to come in 1974, when the Dutch coach Rinus Michels lined the team up in a 4-3-3 formation, introducing the world to "Clockwork Orange". The 2000's has been responsible for the emergence of the 4-2-3-1 formation, along with the 4-6-0 "false 9", introduced by the Spanish. However, the question every top coach is constantly pursuing is, what is the next major trend or change in the game? We have already seen some signs of change, with the inverted wingbacks of Guardiola at Manchester City, and the deterioration of the classic back four, even Arsenal have changed to a 3 back system! As we look at the history of soccer, the changes in formations are pronounced. The original formations have been compared to inverted or upside down pyramids, with 7 attacking players up top and only 2 in the back. As the game progressed, the pyramid completely turned around, as seen with the 4-2-3-1 formation, which took on a realistic pyramid type of shape, and now the shape appears to be changing again. This book focuses on what very well may be one of the formations of the future, the 2-6-2 formation. We saw the 2-6-2 formation used when Guardiola's Bayern, dismantled Roma in a Champions League match 7-1. Argentina recently played a 2-3-4-1 in a friendly match against Singapore. The reality is that the modern game is seeing the pyramid shape turning more into a rhombus, small on the bottom, large in the middle and small on top. Obviously, simply talking about general shapes is an over simplification of formations, but this type of rhombus idea, seems to be where the formation trend is heading. How many teams have switched to a 3-5-2 in the last 24 months? Many more than a few years ago, that's for sure. Arsenal who rarely change anything, went to 3 at the back last spring along with many others. The new trend in formations also points to need for developing more intelligent players. In order to effectively play with 2 - 3 players in the back, an overloaded midfield and two forwards, players must be excellent decision makers and possess high soccer IQ's. Today's new formations demand players be smart and skillful, while the older bunker-in and counter attack systems (4-2-3-1 or 4-4-2) can more easily accommodate the simple, disciplined and hard-working player. It's my opinion that the modern player must be technical, creative, smart, have a high soccer IQ and be an active problem solver. As formations become more expansive and more dangerous, they also become more vulnerable, the player of the future must be a different breed, they must possess a complete soccer brain.

Tactics & Training Exercises HarperCollins

A collection defensive and offensive soccer strategies.

The evolution of football formations and plays Meyer & Meyer Verlag

World Cups throw up unique tactical variations. Countries and football cultures from around the globe converge, in one place, to battle it out for world soccer supremacy. The 2014 World Cup in Brazil was no different, arguably throwing up tactical differences like never seen at a competition in modern times. Contests are not just won by strong work ethics and technical brilliance, but by tactical discipline, fluidity, effective strategies, and (even) unique national traits. Soccer Tactics 2014 analyses the intricacies of modern international systems, through the lens of matches in Brazil. Covering formations, game plans, key playing positions, and individuals who bring football tactics to

life - the book offers analysis and insights for soccer coaches, football players, and fans the world over. Whether it is Tiki-Taka, counter-attacking, or David defending heroically to defeat Goliath - this book sheds light on where football tactics currently stand... and where they are going. This colour title includes analysis of group matches, the knock out stages, and the final.

Soccer Coaching Notes Routledge

Match coaching is often overlooked in soccer coaching courses in favour of drills and training methods. This book tackles the tough task of preparing for, executing, and analysing the match.

Inverting The Pyramid Harper Collins

Learn to: Get a handle on soccer rules and regulations Grasp the basic moves and plays Improve dribbling, passing, and other skills Appreciate this popular pastime Learn the basics, improve your game knowledge, and reach your soccer playing goals Do you get a kick out of soccer? Whether you're a youth league player, a soccer parent, or a World Cup fan, here at last is the book you've been waiting for. Now updated with the latest history, stats, and rules of this popular sport, Soccer For Dummies is the ultimate guide to the greatest and most popular sport on the planet. Kick off — get a beginner's history of soccer, from its early days in China to the modern game that's showcased in stadiums and played on soccer fields all across the globe Get to the nitty-gritty — discover the rules of the game, what each player on the field is expected to do, the tactics they employ, and the skills they need to play The biggest sport in the world — explore everything about the professional game of soccer, from the biggest show on earth — the FIFA World Cup — to other international tournaments such as the European Championships, Copa America, and the CONCACAF Gold Cup For fans — find out what you can expect at a professional soccer game, as well as the lowdown on where you can find soccer on television, online, in newspapers, magazines, books, movies, and on DVDs Open the book and find: How soccer is played (and scored) Tips on coaching, how to keep fit, and how to play "the beautiful game" An in-depth look at women's soccer How club soccer is organized across the world Important international and club teams Fun soccer facts and interesting tidbits A look at the game's most fascinating players

Coaching the 4-2-3-1 Createspace Independent Publishing Platform

Presents a history of soccer, discussing the long evolution of its tactical game, the contributions made by South American and European players, and the development of the playing style of modern-day Spain.

Meyer & Meyer Verlag

A collection defensive and offensive soccer strategies.

Tactics and Training Exercises Reedswain Inc.

Detail offers a unique insight into the many levels of depth and perspective that currently exist for coaches of the beautiful game. With almost 2 million listens to the Modern Soccer Coach Podcast, Gary has spent four years talking to some of the biggest and brightest names in the sport. At the same time, he's been working at the professional level and pursuing his own coaching journey. This book takes the life of a coach and goes deeper to question certain facets and separate theory from practice. From development to results and family to career advice, this book has everything for a coach who wants to explore coaching much deeper than sessions and games. In a tough profession, Gary delivers coaches with perspective that can help them navigate through the tough times and enjoy the good times.

Modern Soccer Coach John Wiley & Sons

Soccer is the biggest game in the world and has proved to be an unprecedented phenomenon of social impact, inhabiting a prominent place in the daily lives of millions of human beings, a game that has impact even in the most remote places. In an ever-changing world of soccer coaching and tactics, player intelligence has become increasingly important, providing the essential ability to act effectively in a given moment. Therefore, in recent years, the tactical component has been increasingly valued and diffused. Around the world, this dimension of sport performance is being

studied and applied by many professionals in the field, from the youth academies all the way through to the professional level. This book is designed to help those who devote much of their time to improving the quality of the game, by coaching and training highly informed, creative and intelligent players. These coaches devote their time and energy to improve players' and teams' performances. In turn, match analysts, physiotherapists, psychologists, clinicians and the sport science team dedicate themselves to optimize resources that help boost the performance levels of the players, the coaches and the team. *Football Intelligence: Training and Tactics for Soccer Success* presents procedures and ideas that, besides assisting in the task of evaluating the tactical performance of soccer players and teams, also allows improving their expression throughout the learning and training phase. This book will be key reading for football coaches and players alike, as well as students and practitioners of sport psychology and performance analysis.

Soccer For Dummies Bold Type Books

A comprehensive look at modern zone formations through the eyes of the author and ten high level professional Italian coaches. Arrigo Sacchi (Milan, Italian National Team), Marcello Lippi (Napoli, Inter, Juventus), Walter Novellino (Venezia, Napoli, Piacenza), Carlo Ancelotti (Parma, Juventus) and Renzo Ulivieri (Parma) are among the impressive list of contributors to this valuable coaching reference. Formations covered: 4:4:2 3:4:2:1 4:3:3 3:4:1:2 4:3:1:2 3:3:4 4:2:3:1 3:4:3

Defensive and Attacking Tactics Reedswain

This book is a comprehensive overview of the 4-2-3-1 system of play. This is the formation of choice for several top clubs around the world, including World Cup Champions Spain. Coach Harrison, who utilizes the 4-2-3-1 with his teams at top Asian professional club Al Ain, covers every aspect of this popular system. Includes tactical discussion as well as small sided situational games to teach and develop players.

Understanding Soccer Tactics HarperCollins UK

An Amazon #1 Best-Seller! Named the #1 Soccer Book by Football.com. Named a Top 5 Book of the Year by the NSCAA Soccer Journal! Soccer IQ is the first book for soccer PLAYERS! In a world saturated with books about how to coach soccer, Dan Blank finally gives players a book on how to think it. Standing on two decades of collegiate coaching experience, Blank has catalogued soccer's most common mistakes and provides simple, connect-the-dots solutions to help players solve their soccer problems. Soccer IQ is soccer's first text book for players; an almanac of smarter soccer decisions intended to flatten out the learning curve. It covers everything from hunting rebounds to the value of the toe-ball; from playing in the rain to the world's dumbest foul. Blank tells his story from the familiar and humorous voice of a coach who has endured years of stress at the hands of his players. Written in plain-spoken language, Soccer IQ is an easy read and a quick-fix to the most common yet critically important soccer problems. Includes a bonus chapter on the college recruiting process. " Finally someone wrote this book! If every soccer player read Soccer IQ, every coach would be a lot happier." Mark Francis - Head Coach University of Kansas "Dan Blank has just written soccer's first definitive text book." Colin Carmichael - Head Coach Oklahoma State University "This book has immediately become required reading for my team. I'll take 30 copies." Steve Nugent - Head Coach UNC-Greensboro "Soccer IQ may be the best practical soccer book I have ever read. There's no fluff. Just nuts and bolts principles that we teach every day. It'll solve a lot of your soccer problems." Steve Holeman - Head Coach University of Georgia

Attacking Soccer Faber & Faber

You've never seen football formations and tactic explored like they are in *Total Football* ever before. A must-have for football experts! A goalkeeper, two defenders and eight attackers - it's no surprise that in the 1950s under this popular formation scores like 9-3 were common. So what changed? *Total Football* tells the evolution of football tactics: from the birth of *Total Football* in the Netherlands to the dominance of tiki taka in Spain and Brazil, each chapter explores an iconic tactic. Innovative graphics alongside expert text guide you through the manager decisions that developed new formations, the pure talent of players that defined each playing style and the matches that propelled the winning tactic to legendary status. Sanjeev Shetty explores how each tactic works, how they came to dominate and how opponents worked to find a way to beat them. From Pele to Messi, Cruyff to Mourinho, *Total Football* explores the tactics that made the legends, giving you a new understanding of how the beautiful game is played.

Small-Sided and Conditioned Games in Soccer Training Crown Archetype

"An outstanding work ... the [soccer] book of the decade." —Sunday Business Post Inverting the Pyramid is a pioneering soccer book that chronicles the evolution of soccer tactics and the lives of the itinerant coaching geniuses who have spread their distinctive styles across the globe. Through Jonathan Wilson's brilliant historical detective work we learn how the South Americans shrugged off the British colonial order to add their own finesse to the game; how the Europeans harnessed individual technique and built it into a team structure; how the game once featured five forwards up front, while now a lone striker is not uncommon. Inverting the Pyramid provides a definitive understanding of the tactical genius of modern-day Barcelona, for the first time showing how their style of play developed from Dutch "Total Football," which itself was an evolution of the Scottish passing game invented by Queens Park in the 1870s and taken on by Tottenham Hotspur in the 1930s. Inverting the Pyramid has been called the "Big Daddy" (Zonal Marking) of soccer tactics books; it is essential for any coach, fan, player, or fantasy manager of the beautiful game

Football Intelligence Soccertactics.com

The 3-5-2 is a very dynamic and flexible system; it can be an ultra-attacking formation or solid

defensive formation depending on how it is deployed. In attack the 3-5-2 is numerically strong in the midfield and comes with the benefit of two strikers. Creating width in the attack is never a problem with two wingers and strikers that could also run the channels. The formation is naturally set-up to encourage movement off the ball with the interchanging of positions when in possession; the interchanging of positions and movement off the ball allows different players the opportunity to fill different spaces, making the 3-5-2 more dynamic and difficult for the opponent to predict and deal with. In the modern game I personally find many advantages to playing the 3-5-2 formation, due to its fluid attacking potential and less focus on keeping numbers back. The defensive side of the 3-5-2 presents the formations biggest challenges, yet it can also be seen as a strength if the players understand how to form a back four or five in the correct situations. With only three defenders in the back, covering space in deep wide areas must be addressed and dealt with effectively. In order to offset the possible defensive weakness that come with three players not being able to cover the entire width of the field, the coach must choose player personnel and more importantly the formations tactics wisely. In this book I will cover multiple ways the 3-5-2 can be played to maximize its strengths, while turning the formations possible negatives into positives. When breaking down and analyzing any formation, it is important to note that the difference between formations is about 10 yards in player positioning. You can make an argument that most formations are similar and difficult to identify once the game has started. The transition from defending to attacking and attacking to defending creates totally new shapes from the original formation. The game of soccer is a free-flowing game but inside that flow there must be a structure which drives individual and team decisions. The coach is the one who will lay out the important tactical guidelines for the execution of the formation, so it is important to note that the same formation can be carried out in many different ways, depending on the coach. Tactics that will influence the way the formation played include things like setting a line of restraint, establishing a line of confrontation, identifying pressing zones, outlining counter-attacking areas, realizing when to press or drop-off, addressing the overall style of soccer to be played, player personnel, work load, location of the game, weather conditions, field conditions and much more. All these factors will directly influence the way a formation is played.

Soccer Systems and Strategies Reedswain Inc.

Includes the best articles from Soccer Journal that cover the most important aspects of soccer: technique, tactics, the mental game, and the physical game.

Match Strategy and Tactics Springer

Coaching soccer is demanding. Impossible to perfect, it requires a broad knowledge of many performance areas including technique, tactics, psychology and the social aspects of human development. The first two components are covered in detail in many texts - but Soccer Brain uniquely offers a comprehensive guide to developing the latter two - player mindsets and winning teams. The environment that a coach creates, and the relationships formed with players, is the bedrock of performance and achievement. Coaches who are able to deliver students of the game, and who are able to help players execute skills and tactics under pressure are the future leaders of the world's most loved sport. Soccer Brain teaches coaches to train players to compete with confidence, with commitment, with intelligence, and as part of a team. The positive messages from each chapter of Soccer Brain help coaches to develop players through patience, repetition, reinforcement, re-appraisal and high value relationships. Soccer Brain is for the no limits coach. It's for the coach who is passionate about developing players and building a winning team. This is not a traditional soccer coaching book filled with drills or tactics or playing patterns. This book is about getting the very best from you, the coach, and helping you develop a coaching culture of excellence and world class football mindsets. This book is for Soccer Coaches of all levels and experience. Written by Dan Abrahams, the best-selling author of "Soccer Tough," it aims to show coaches how their approach to coaching is as much about their relationships with players and the coaching environment as it is about tactics, fitness or strength. By utilising the information in this book - coaches will be able to create an optimum coaching world that creates confident, committed, and mentally strong players. More book details are available on the Bennion Kearny website.

Masters of Modern Soccer Meyer & Meyer Fachverlag und Buchhandel GmbH

This book examines match strategies for creating goal scoring opportunities out of the following systems of play: 4-4-2, 4-3-3, 3-5-2, 4-3-1-2, 4-5-1. For each system, the author discusses the strategy, tactics, system and schemes of play as well as the technical, tactical and physical characteristics of the players who use the system. Several situational attacking schemes are also presented using clear diagrams and detailed descriptions.

Things That Smart Players Do SoccerModern Tactics

SoccerModern Tactics Reedswain Inc.

Attacking Soccer Meyer & Meyer Verlag

This book reviews the general acute effects and adaptations of small-sided and conditioned games (SSCGs) in terms of physiological responses, technical performance and methodology/periodization in the game of soccer. It also reviews the many studies conducted in the past decade to investigate the influence of SSCGs on physiological responses and technical performance in soccer training. SSCGs, which are smaller and adapted versions of formal team sports, are very popular training drills for players at all ability levels and competitive levels and offer an alternative to traditional fitness training. Exploring their role in depth, this book offers a valuable resource for academics, researchers and coaches with an interest in developing improved training techniques for soccer.

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