

# Coaching The Mental Game Leadership Philosophies And Strategies For Peak Performance In Sports and Everyday Life

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enable them to more effectively teach the mental game and lead athletes to a ...Coaching the mental game : leadership philosophies and ...Now, athletes at Seton Hall University have access to the same type of mental skills training and performance coaching that elite performers have in sports, the military, and the business world. Dr. Bryan Price, the executive director of the Buccino Leadership Institute , has been working with Seton Hall athletes to enhance their mental game and their performance on the athletic field.Seton Hall Athletes Work on Mental Game - Seton Hall ...GET YOUR HEAD IN THE GAME. Heads Up is a comprehensive high performance training academy, focused on developing all aspects of the mental game. Those within the Sport, Corporate, and Clinical disciplines, are taking advantage of the unique blend of extensive mental strength based services offered and using the revolutionary program to help them reach their overall performance goals.Mental Game Coaching - Heads Up High PerformanceCoaching the Mental Game will become the Bible for coaches who strive to make their athletes the most complete performers possible. Not only a wonderful asset to athletic coaches, this book will also prove to be a motivational resource for workers in all industries as well as in the game of life.Coaching the Mental Game by H.A. Dorfman, Paperback ...This item: Coaching the Mental Game: Leadership Philosophies and Strategies for Peak Performance in Sports—and... by H.A. Dorfman Paperback CDN\$ 22.72 Only 10 left in stock (more on the way). Ships from and sold by Amazon.ca.

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#### **Mental Game Coaching - Heads Up High Performance**

"Coaching the Mental Game offers coaches of all sports a definitive volume for effectively understanding an athlete's mental awareness, which in turn will help drive success. Author H.A. Dorfman details appropriate coaching strategies aimed at perfecting the player's mental approach to performance.

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Coaching The Mental Game Leadership

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*Coaching The Mental Game Leadership*

He is the mental game coach to celebrity athletes, top business people in the executive suite, sales professionals, public speakers, media professionals, musicians and actors in Hollywood and people in the military and law enforcement. He has been the mental game coach or consultant to Olympic athletes who have won Bronze, Silver and Gold medals.

The mental aspect of the game is huge. A coach can be smart and hard working, however, if they don't help the mental aspect of their athletes or if their athletes don't trust them its all for nothing. This books gives real life examples about mental

coaching that are very helpful for all coaches.

#### **Coaching the Mental Game: Leadership... book by H.A. Dorfman**

Professional leadership coaching is the most effective way to approach leadership development, coupled with robust assessments and feedback surveys. Even the most conservative estimates show a 500%-700% return on investment from leadership coaching (Price Waterhouse, ICF study).

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Mental Game Coach

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